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Celebrating 100 years of excellence and innovation

- Exploring the rich history of the asphalt industry and its evolution over the past century.
- Honoring the Pioneers & Innovators who have shaped the asphalt industry.
- Showcasing advancements in asphalt technology and exploring those on the horizon.
- Networking with industry experts.
- Celebrating 100 years at the Shedd Aquarium.









Jean-Pascal Planche President 2023 - current









Balanced Mix Design

Cracking Resistance



"asphalt mix design using performance tests on appropriately conditioned specimens that address multiple modes of distress taking into consideration mix aging, traffic, climate and location within the pavement structure."

Rutting and Moisture Damage Resistance

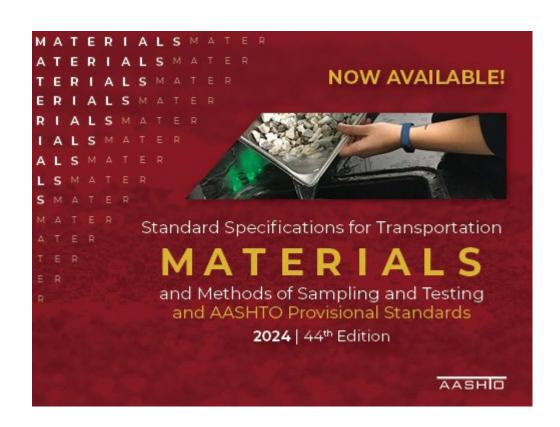






AASHTO Standards for BMD (Frameworks)

- TP 105 Standard Practice for Balanced Design of Asphalt Mixtures
 - Four approaches to BMD
 - Agencies chose mix performance tests and mix conditioning procedures
- MP 46 Standard Specification for Balanced Mix Design
 - Agencies set criteria for test results
- R 121 Long-Term Laboratory Conditioning of Asphalt Mixtures
 - Five options for long-term mix conditioning





The Tenants of Balanced Mix Philosophy

- The Goal is to design, produce, and place an **economical**, resource-responsible, long-life asphalt pavement.
- PMS data tells us what modes of distress are prevalent in asphalt pavements. We can effectively assess mix resistance to those various distresses with laboratory performance tests.
- There can be a juxtaposition between designing mix resistance to two or more distresses, necessitating a balanced approach.
- The best way to simultaneously encourage innovation and achieve economy is to allow the contractor freedom to choose the materials needed to meet the mix performance criteria.



Approaches to Balanced Mix Design, PP 105

Approach A

Volumetric Design with Performance Verification

Approach B

 Volumetric Design with Performance Optimization

Approach C

• Performance-Modified Volumetric Design

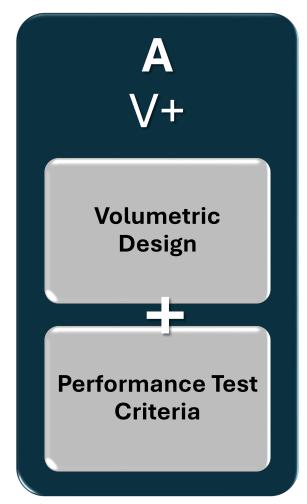
Approach D

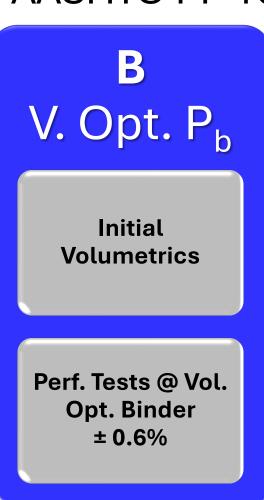
Performance Design

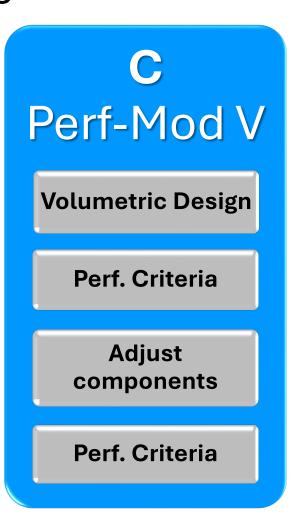




Standard Practice for Balanced Design of Asphalt Mixtures AASHTO PP 105









For more information, check out this special report



https://aub.ie/BMDapproaches

Balanced Mix Design, Special Report 228



BMD APPROACHES

Randy West and Fan Yin

INTRODUCTION

Balanced Mix Design (BMD) continues to be one of the most talked about topics in the asphalt pavement industry. As the State Departments of Transportation (DOTs) work toward BMD implementation, one of the important early decisions is how to approach BMD for mix design approval. This guide presents the pros and cons of different approaches in AASHTO PP 105 to implement the new BMD performance tests that DOTs should consider in this decision. Other relevant guide documents for implementing BMD specifications and conducting field validation of performance test criteria can be found on the National Asphalt Pavement Association (NAPA's) Balanced Mix Design Resource Guide website.

WHY CHANGE?

The motives for any change are typically rooted in dissatisfaction with the status quo. Feedback from BMD Peer Exchanges in 2023 (Bittner et al., 2023a; Bittner et al., 2023b; Bittner et al., 2023c) indicates that the most common reasons why state DOTs want to implement BMD include:

-) Improving the service lives of asphalt pavements
- Eliminating premature failures of some asphalt pavements
- Reducing the carbon footprint of asphalt pavements
 Optimizing asphalt mixtures for specific applications
- Most stakeholders realize that it is not possible to accomplish the above goals by continuing to use existing specifications, mix design practices, and construction methods. Although tweaks to existing

Superpave specifications and methods, such as with Superpave 5, regressed air voids, and the corrected optimum asphalt content (COAC) concept, can provide some performance improvements, they do not fix the underlying limitations of a volumetric mix design system.

There are two recognized deficiencies of mix design systems based on volumetric properties: (1) the reliability and accuracy of VMA are challenging because of the difficulties in accurately determining the bulk specific gravity (G_{sb}) of aggregates, and (2) there is no way to determine the interaction effects of virgin binders, recycled binders, and other additives such as recycling agents. These issues are further discussed below.

Concerns regarding VMA

The two primary volumetric properties used in asphalt mix design and OA specifications are air voids (Va) and voids in the mineral aggregate (VMA). Air voids represent the volume of void space within a compacted specimen at a specific compactive effort, which has been related to rutting resistance (Brown and Cross, 1992). VMA is defined as the volume of the intergranular void space between the aggregate particles of a compacted asphalt mixture that includes the air voids and the effective binder content. A minimum VMA is important to ensure a mixture contains an adequate volume of effective asphalt. Although many asphalt technologists know that the minimum VMA criteria were established by Norman McLeod in the late 1950s. some are surprised to know that he provided no mix performance data to support the criteria (Kandhal et al., 1998). Numerous other researchers have also discussed the weakness of VMA as a mix design criterion (Coree & Hislop, 2000).

Balanced Mix Design

Cracking Resistance



"asphalt mix design using performance tests on appropriately conditioned specimens that address multiple modes of distress taking into consideration mix aging, traffic, climate and location within the pavement structure."

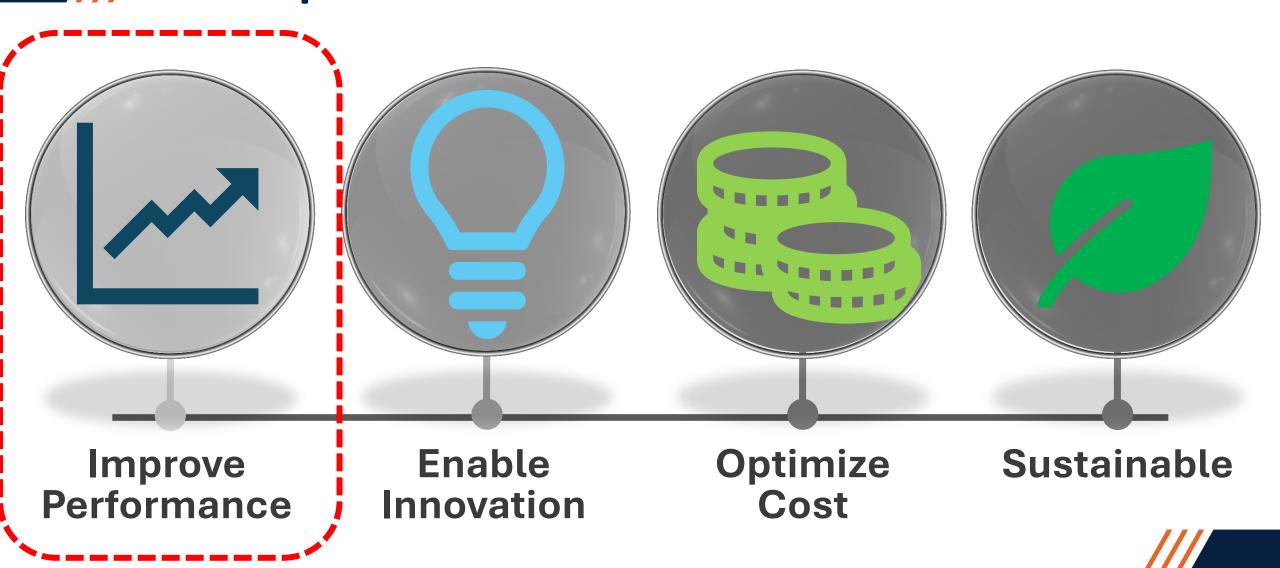
Rutting and Moisture Damage Resistance







Anticipated Benefits of BMD



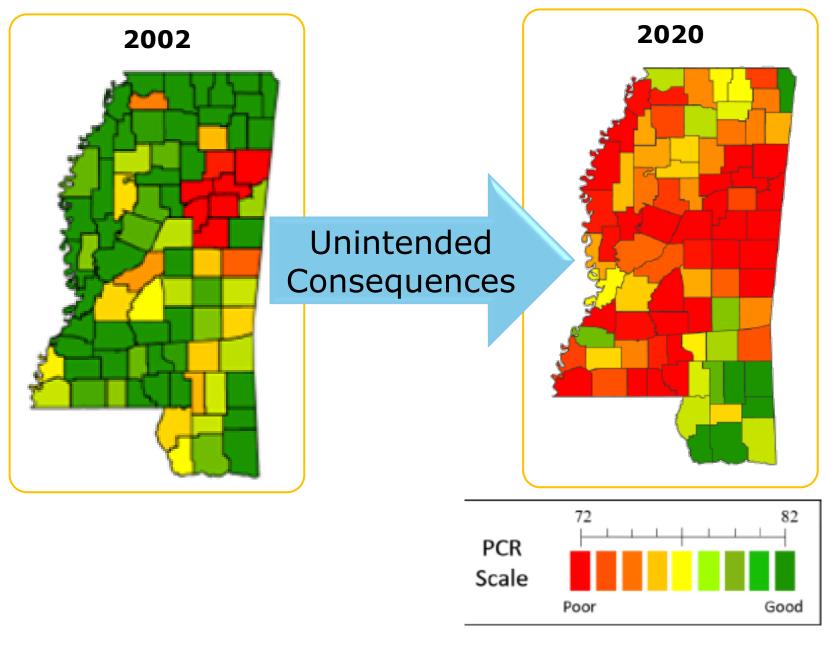


Volumetric-only mix design is not fully capable of dealing with present-day mixes





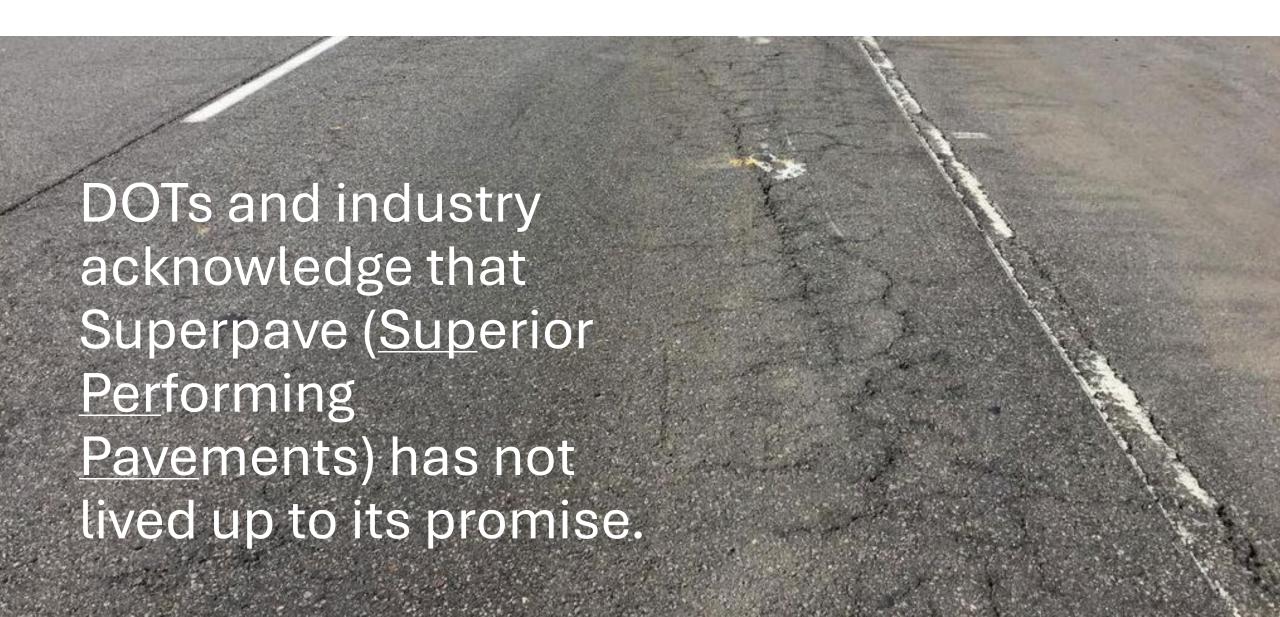




Pavement Condition Rating

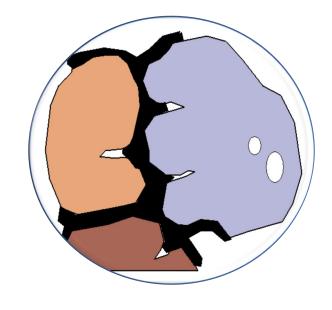


Superpave to BMD: Why Change?



Superpave: what are the limitations?

• The key mix properties in Superpave are air voids (V_a) and volume of effective binder (V_{he})



 Volumetric properties do not tell us anything about the quality of the binder or about the interactions of different binder components and additives





Superpave: What are the limitations?

The volume of effective binder (V_{be}) is dependent on the aggregate bulk specific gravity (G_{sb}) , which is not a reliable property

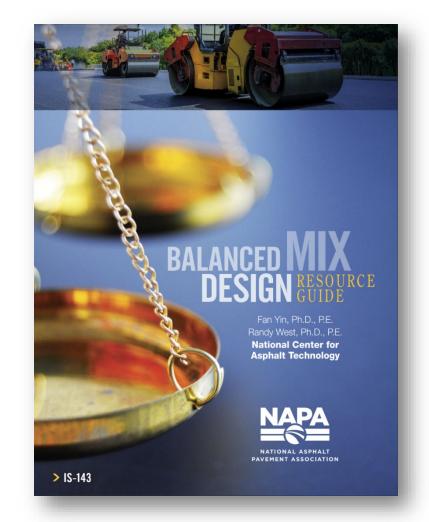
- G_{sb} is subject to change over time but not often verified
- G_{sb} has a low level of precision
- G_{sb} of RAP aggregate is questionable

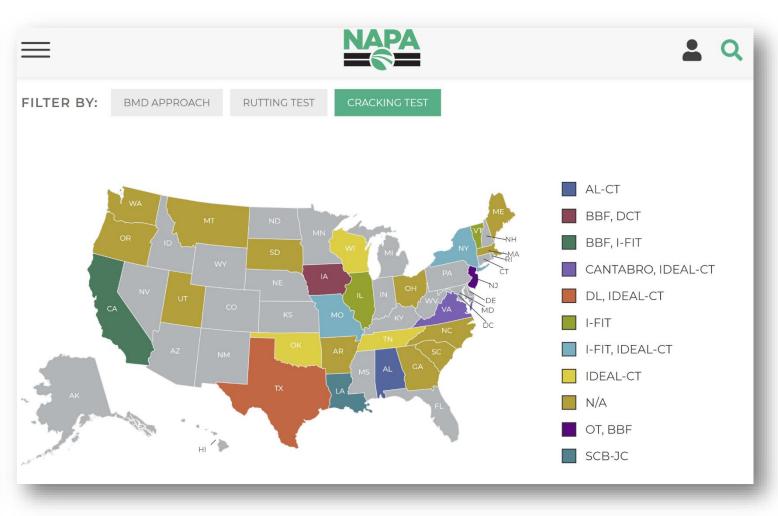
| AASHTO / ASTM | Acceptable Range of Two Results (d2s) Bulk specific gravity (SSD) | | |
|------------------|---|---------------|--|
| Precision | Coarse T85/C127 | Fine T84/C128 | |
| Single-operator | 0.020 | 0.027 | |
| Multi-laboratory | 0.032 | 0.056 | |

Example Effect of G_{sb} Impact on VMA

| Given | $P_b = 5.2\%$ | $P_b = 5.2\%$ | | | |
|------------|------------------|------------------|--|--|--|
| | $G_{mm} = 2.531$ | $G_{mm} = 2.531$ | | | |
| | G_{mb} = 2.431 | $G_{mb} = 2.431$ | | | |
| | $G_{sb} = 2.640$ | $G_{sb} = 2.670$ | | | |
| Calculated | Air Voids = 4.0% | Air Voids = 4.0% | | | |
| | VMA = 12.7% | VMA = 13.7% | | | |
| | VFA = 69% | VFA = 71% | | | |





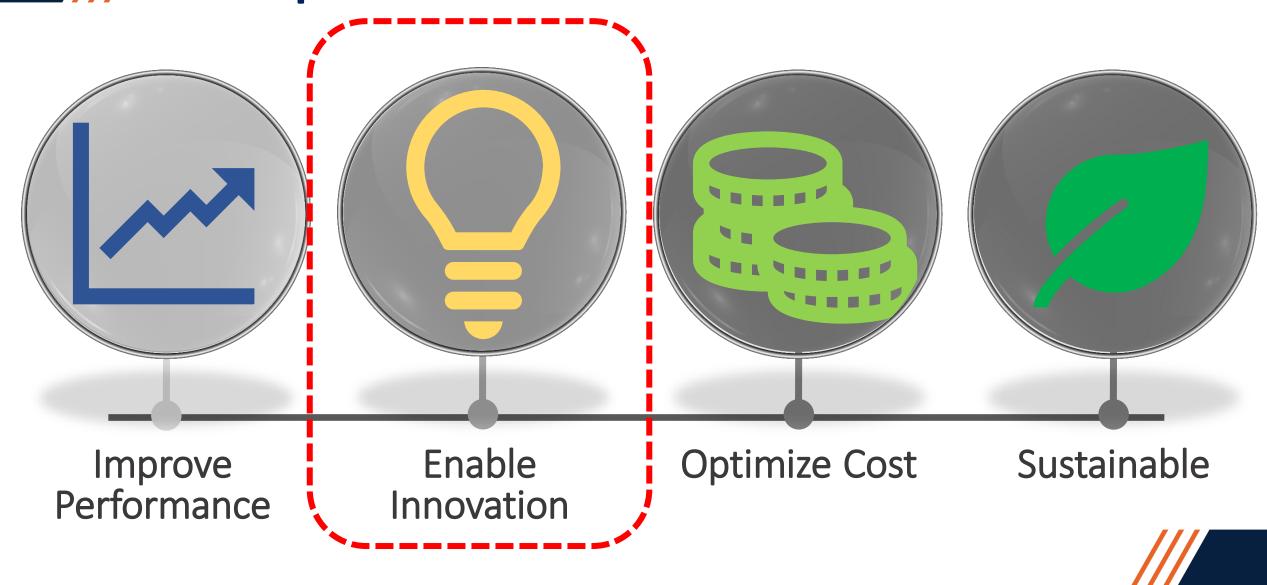




BMD Resources

Scan this code or visit aub.ie/bmd for useful resources related to balanced mix design

Anticipated Benefits of BMD





With a volumetric mix design approach...

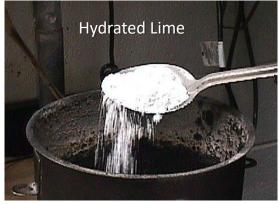














With a volumetric mix design approach...









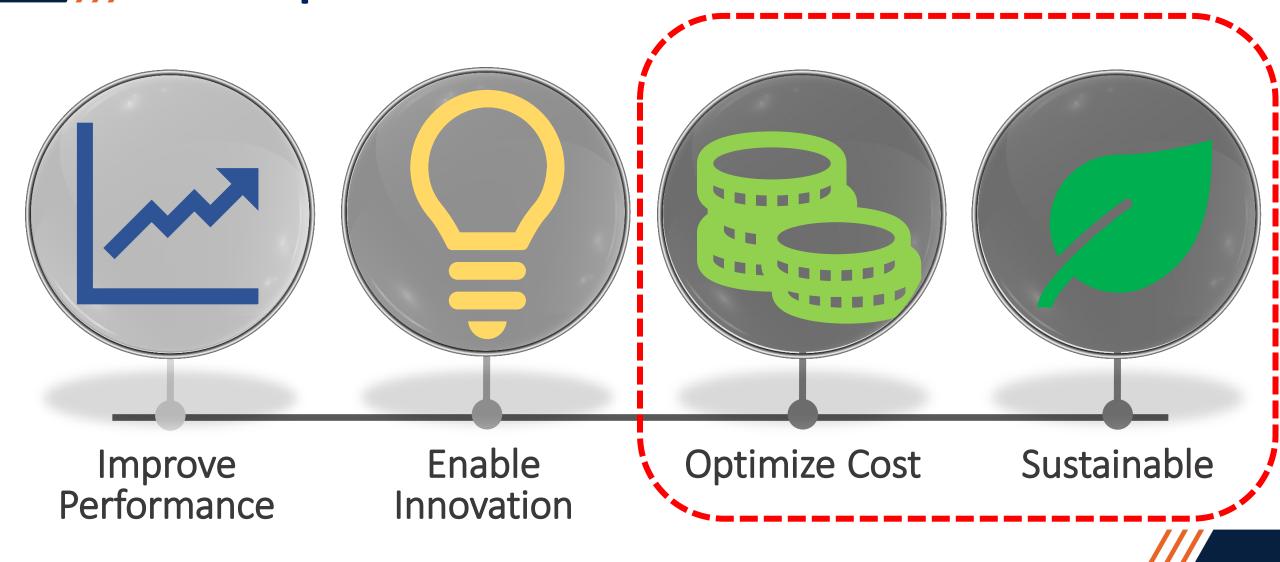








/// Anticipated Benefits of BMD







TxDOT BMD Experiment at the NCAT Test Track

- Field performance comparison of asphalt mixes designed with volumetric vs. BMD approaches
 - 2.5 in. mill-and-inlay
 - Underlying pavement 15-20% lane area cracking



TxDOT BMD Experiment Mix Designs

- TxDOT 12.5mm SP-C surface mix "volumetric"
- PG 70-22 SBS binder in all three test sections
- BMD approach A: Volumetric Design with Performance Verification

| Mix Design | S11 Volumetric (2018) | S10 BMD (2018) | N6 BMD (2021) |
|--------------------------|--------------------------|-------------------|------------------|
| Total Binder Content | 4.7 | 5.5 | 5.3 |
| RAP Binder Replacement | 20 | 20 | 19 |
| Air Voids (50 Gyrations) | 4.0 | 4.0 | 4.0 |
| VMA* | 15.0 | 16.6 | 16.4 |
| V _{be} * | 11.0 | 12.6 | 12.4 |
| VFA* | 73 | 76 | 76 |

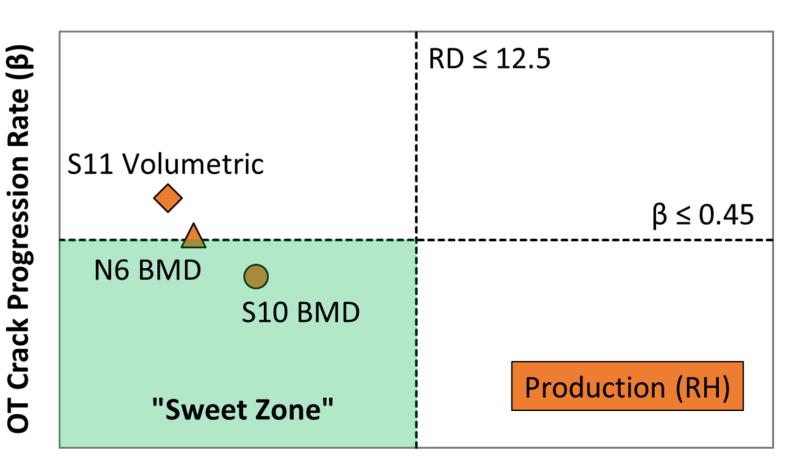
^{*} based on Gse



BMD Performance Diagram (OT vs. HWTT)



Overlay Test



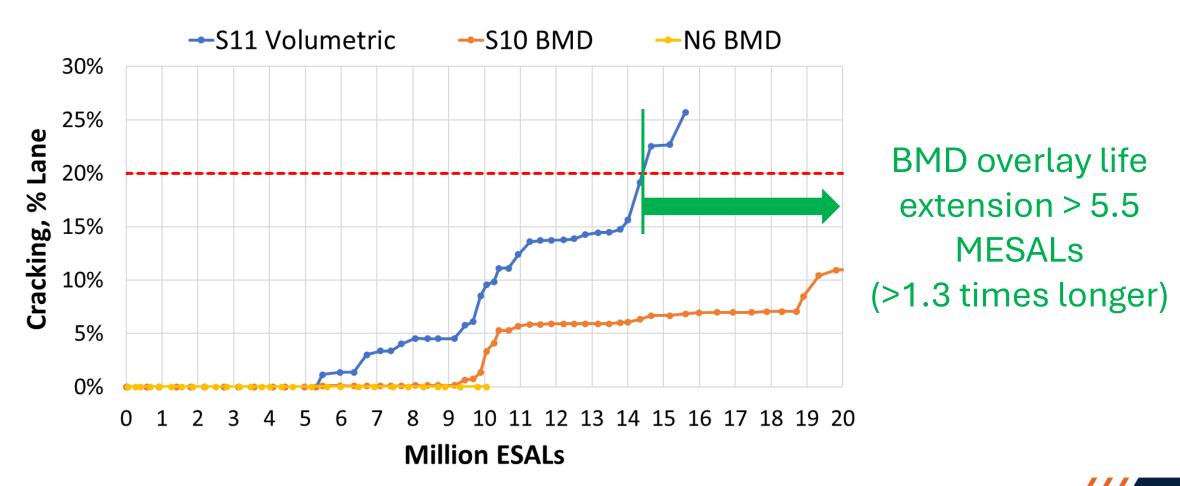


Hamburg WT





TxDOT BMD Field Cracking Results



Cracking performance: S10 > S11

LCCA for Texas mix comparison

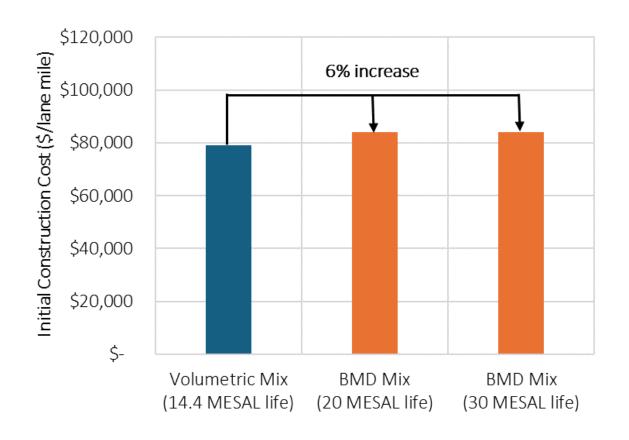
- TxDOT Life Cycle Cost Analysis Policy
 - 40-year Analysis Period
 - Discount rate: 3.72%
 - 12-year performance period for volumetric mix
 - Volumetric mix cost: \$80/ton per TxDOT bid price database
 - BMD mix cost: \$84.8/ton = \$80/ton + 0.64% more virgin PG 70-22 binder × \$750/ton

/// M&R Schedule for LCCA and LCA, TxDOT Ex.

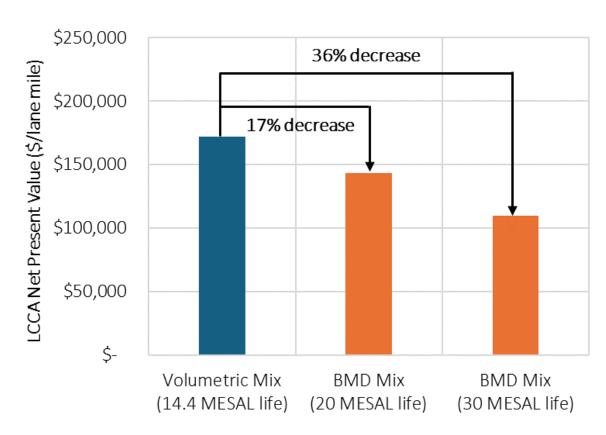
| Year | Volumetric Mix (14.4 MESAL Life) | BMD Mix (20 MESAL Life) | BMD Mix (30 MESAL Life) |
|-----------------------|-------------------------------------|----------------------------|----------------------------|
| 0 | Initial construction | Initial construction | Initial construction |
| 12 | 2.5" mill & fill | | |
| 16.6 | | 2.5" mill & fill | |
| 24 | 2.5" mill & fill | | |
| 25 | | | 2.5" mill & fill |
| 33.2 | | 2.5" mill & fill | |
| 36 | 2.5" mill & fill | | |
| 40 | End of analysis period | End of analysis period | End of analysis period |
| Remaining Life (yrs.) | 8.0 | 9.8 | 10.0 |

Life Cycle Cost Analysis Results

Initial Construction Cost Comparison



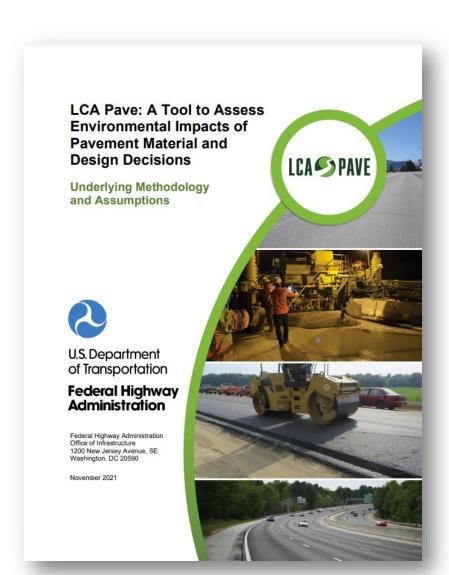
LCCA Net Present Value Comparison

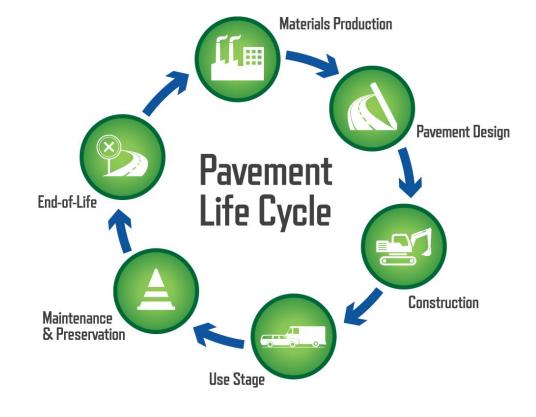






Life Cycle Assessment



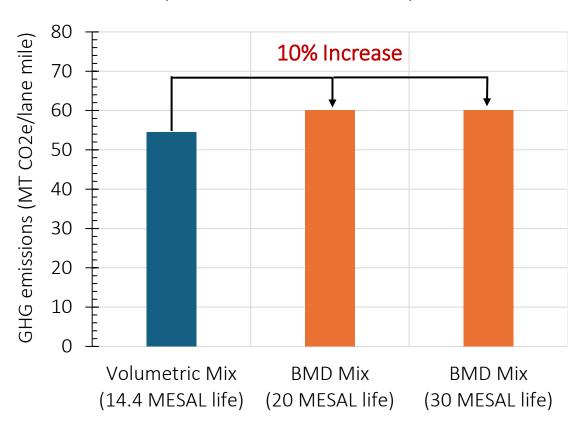


- LCA Pave
- Same Analysis Period and Performance Periods as LCCA
 - Use Stage is not included

Life Cycle Assessment Results

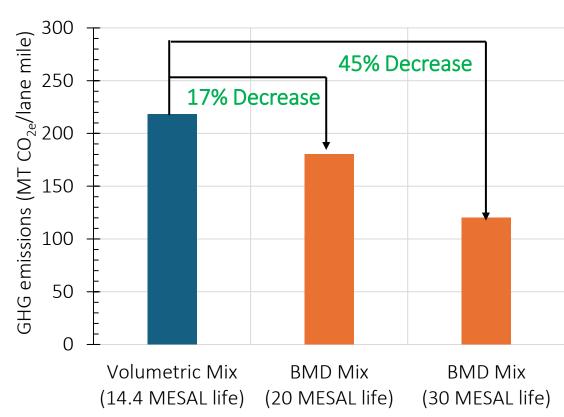
Initial Construction

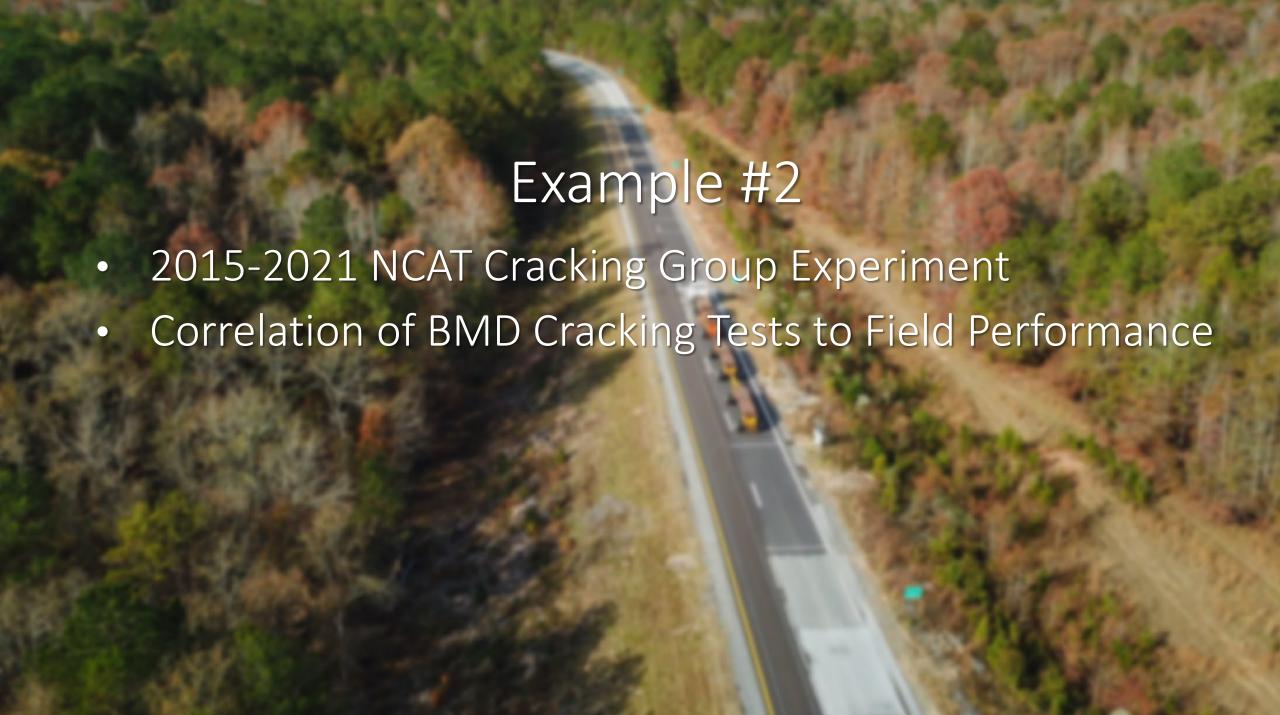
(Cradle-to-Constructed)



Full Life Cycle

(Cradle-to-Grave)





2015-2021 NCAT Cracking Group Experiment



NCAT Cracking Group Experiment – QC Results

| Section | Description | NMAS | Eff. Binder Content (%) | Air Voids (%) | VMA (%) | As-Const. Density (%G _{mm}) | Recovered Binder Cont. Grade |
|---------|-------------------|--------|----------------------------------|---------------------|------------|---|------------------------------------|
| N1 | 20% RAP (Control) | 9.5 mm | 4.7 | 3.8 | 14.7 | 93.6 | 88.6 -16.6 |
| S5 | 35% RAP, PG 67-28 | 9.5 mm | 5.1 | 3.2 | 15.1 | 92.2 | 82.8 -23.0 |
| S6 | Control w HiMA | 9.5 mm | 5.0 | 3.1 | 14.7 | 91.8 | 101.4 -21.5 |



Cracking Group Test Section Layer Thicknesses

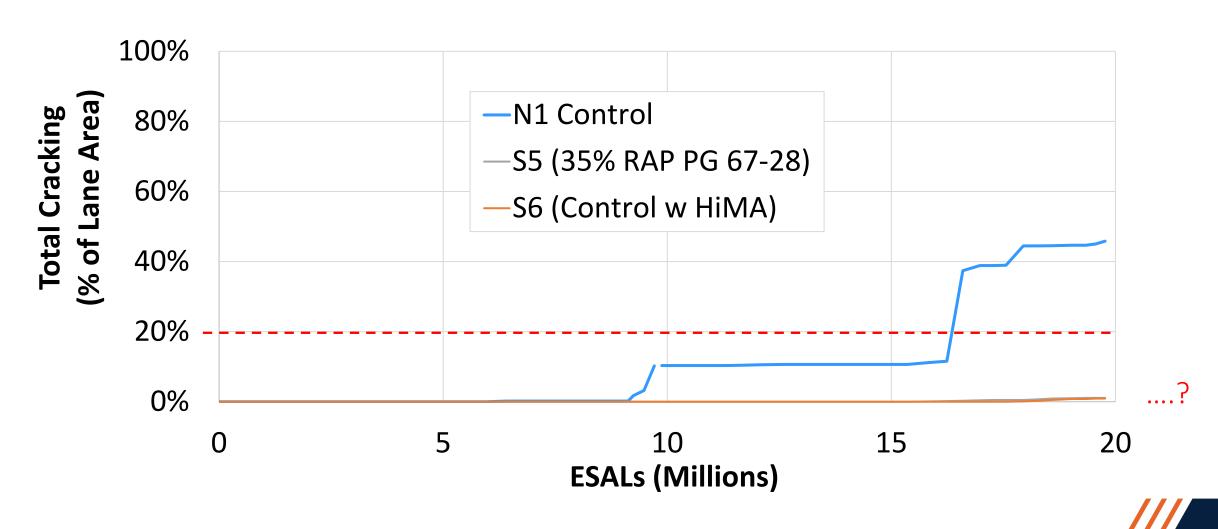


| Surface (Experimental) Layer | 1.5" | |
|------------------------------|----------|------------|
| HiMA mix Intermediate Layer | 2.25" | \ 6 |
| HiMA mix Base Layer | 2.25" | |
| Granular base | 6" | |
| Stiff track subgrade | infinite | |

Cracking Group Experiment: BMD Cracking Test Results & Field Performance

| | | Critically Aged Test Results | | | | | % Lane Area Cracking |
|---------|-------------------|------------------------------|-------------|------|---------|-----------|----------------------|
| | | | Flexibility | | NCAT-OT | | Feb. 2021 |
| Section | Description | CT_{index} | Index | ОТ-В | β | S_{app} | 20 MESALs |
| N1 | 20% RAP (Control) | 8.8 | 0.6 | 2.08 | 0.50 | 18.6 | 44.5 |
| S5 | 35% RAP PG 67-28 | 16.3 | 1.8 | 1.54 | 0.33 | 45.3 | 1.1 |
| S6 | Control w HiMA | 18. <i>7</i> | 3.8 | 1.07 | 0.27 | 48.0 | 0.9 |

Cracking Group Field Performance



LCCA for Cracking Group mix comparison

- NCAT LCCA recommendations for ALDOT
 - 40-year Analysis Period
 - Discount rate: 4.0%
 - Performance Periods
 - Control mix: 1 yr. on TT = 3.5 yrs on I-85 = 11.4 years
 - 35% RAP mix = ratio of NCAT-OT β = 1.51 = 17.2 years
 - HiMA mix = ratio of NCAT-OT β = 1.85 = 21.1 years
 - Mix Costs
 - Volumetric mix: \$70/ton per ALDOT bid price database
 - 35% RAP mix: \$70/ton (PMA binder & RAP savings wash)
 - HiMA mix: \$100/ton (estimate)

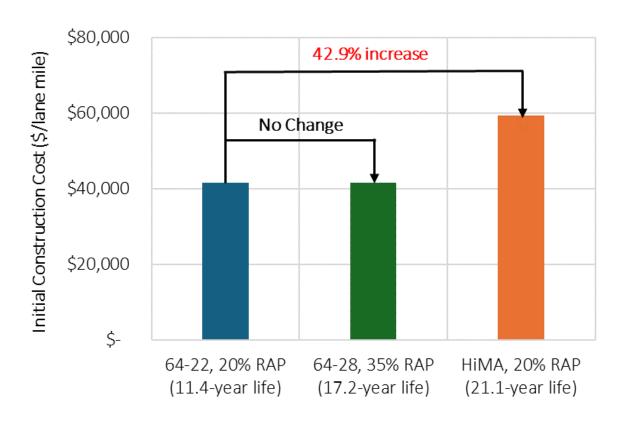
/// Cracking Group Assumed LCCA & LCA M&R Schedule

| Year | 64-22 w/ 20% RAP (11.4 Year Life) | 64-28 w/ 35% RAP (17.2 Year Life) | HiMA w/ 20% RAP (21.1 Year Life) |
|----------------------|--------------------------------------|--------------------------------------|-------------------------------------|
| 0 | Initial construction | Initial construction | Initial construction |
| 11.4 | 1.5" mill & fill | | |
| 17.2 | | 1.5" mill & fill | |
| 21.1 | | | 1.5" mill & fill |
| 22.8 | 1.5" mill & fill | | |
| 34.2 | 1.5" mill & fill | | |
| 34.4 | | 1.5" mill & fill | |
| 40 | End of analysis period | End of analysis period | End of analysis period |
| Remaining Life (yrs) | 5.6 | 11.6 | 2.2 |

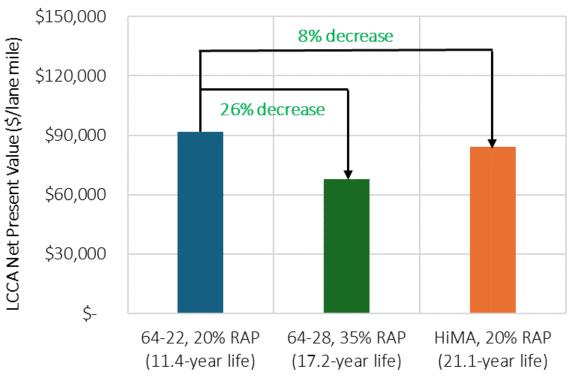


Life Cycle Cost Analysis Results

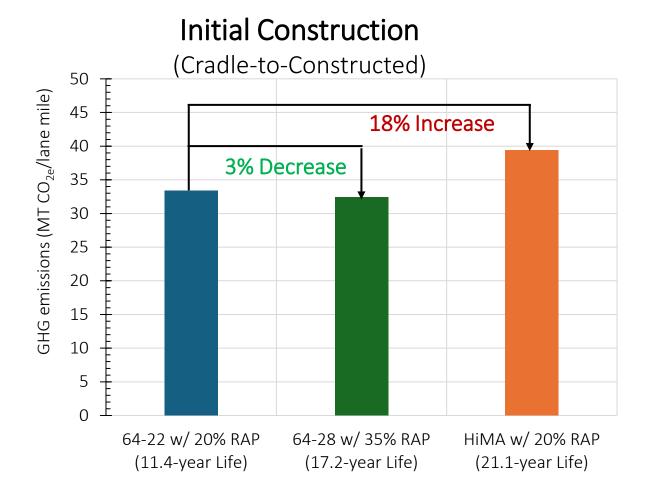
Initial Construction Cost Comparison

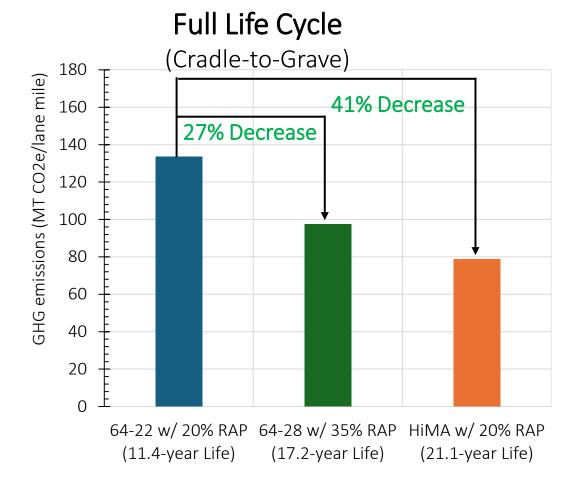


LCCA Net Present Value Comparison



Life Cycle Assessment Results







Summary

- Our first expectation for BMD should be better field performance and longer pavement lives. The Test Track is giving us a glimpse of that.
- Initial cost of BMD mixes will likely be higher, especially for Approaches A and B.
- LCCA and LCA benefits should show economic and environmental benefits of BMD.

Impacts of BMD

| Factors | Superpave | Approach A | Approach B | Approach C | Approach D |
|-----------------|---------------------------|--------------------|------------|--------------|------------|
| Cost BMD | Baseline | ↑ | ↑ | ↑ | \uparrow |
| Time BMD | Baseline | ↑ | ^ | ^ | Slight ↑ |
| Cost of Mix | Baseline | ↑ | ^ | Neutral | Slight ↓ |
| Innovation | None | None | None | ^ | Yes! |
| Local Materials | Limits | Negative Impact | Neutral | ^ | \uparrow |
| Recycled Matls. | Unable to Characterize | Negative Impact | Neutral | ^ | ↑ |
| EPD (GWP) | Baseline | ↑ GWP | 个 GWP | \downarrow | ↓ |





NCHRP 10-107



Guide for Implementing
Balanced Mix Design Specifications



Contains 8 chapters corresponding to the 8 major tasks on the path to BMD implementation

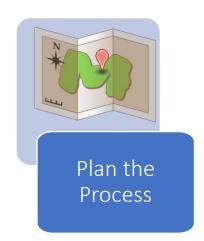
| Task | | Sub | Description | | |
|------|---|------------|---|---------|----------|
| 1 | Motivations and Benefits of Pe | Task | co Specifications | (Month) | (Months) |
| 1 | | 2.1 | Identification of Champions | 1 | 1 |
| | | 2.1 | Establishing a Stakeholders Partnership | 2 | 1 |
| | | 2.2 | Doing Your Homework | 2 | 2 |
| 2 | Overall Planning | 2.3 | Establishing Goals | 3 | 2 |
| | | 2.4 | Mapping the Tasks | 3 | 3 |
| | | 2.5 | Identifying Available External Technical Information and Support (periodically) | 2 | |
| | | 2.7 | Developing an Implementation Timeline | 3 | 3 |
| | | 3.1 | Identifying Primary Modes of Distress. | 6 | 1 |
| 3 | Selecting Performance Tests | 3.2 | Identifying and Assessing Performance Test Appropriateness. | 7 | 3 |
| 3 | Selecting Performance Tests | 3.3 | Validating the Performance Tests | 10 | 60 |
| | | 4.1 | Acquiring Equipment | 10 | 1 - 18 |
| | Performance Testing Equipment: Acquiring, Managing Resources, Training, and Evaluating | 4.1 | Managing Resources | 27 | 2 |
| 4 | | | | | _ |
| 4 | | 4.3 | Conducting Initial Training | 28 | 2 |
| | | 4.4 | Evaluating Performance Tests | 28 | 6 |
| | | 4.5 5.1 | Conducting Inter-Laboratory Studies | 34 | - |
| | Establishing Baseline Data | | Reviewing Historical Data & Information Management System | 33 | 1 |
| 5 | | 5.2 | Conducting Benchmarking Studies | 34 | 12 |
|) 3 | | 5.3 5.4 | Conducting Shadow Projects | | 15 |
| | | | Analyzing Production Data | 38 | 12 |
| | | 5.5 | Determining How to Adjust Asphalt Mixtures Containing Local Materials | 34 | 15 |
| | Specifications and Program Development | 6.1 | Sampling and Testing Plans | 46 | 6 |
| | | 6.2 | Pay Adjustment Factors (If Part of the Goals) | 49 | 3 |
| 6 | | 6.3 | Developing Pilot Specifications and Policies | 46 | 6 |
| | | 6.4 | Conducting Pilot Projects | 52 | 18 |
| | T | 6.5 | Final Analysis and Specification Revisions | 67 | 6 |
| 7 | Training, Certifications, and | 7.1 | Developing and/or Updating Training and Certification Programs | 73 | 6 |
| | Accreditations 7.2 Establishing or Updating Laboratory Accreditation Program Requirements | | | | 3 |
| 8 | Initial Implementation | | | 80 | |



Chapter 1. Motivations and Benefits of BMD and Performance Specifications

- 1.1 What are Performance Specifications?
- 1.2 Why Change?
- 1.3 Benefits of Using Balanced Mix Design
- 1.4 The Steps in the Process of Implementing Performance Specifications

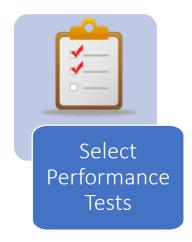




Chapter 2. Overall Planning

- 2.1 Identify Champions
- 2.2 Establish a Stakeholders Partnership
- 2.3 Identify Issues, Resources and Lit. Review
- 2.4 Establish Goals
- 2.5 Map the Tasks
- 2.6 Identify External Information & Support
- 2.7 Develop Implementation Timeline

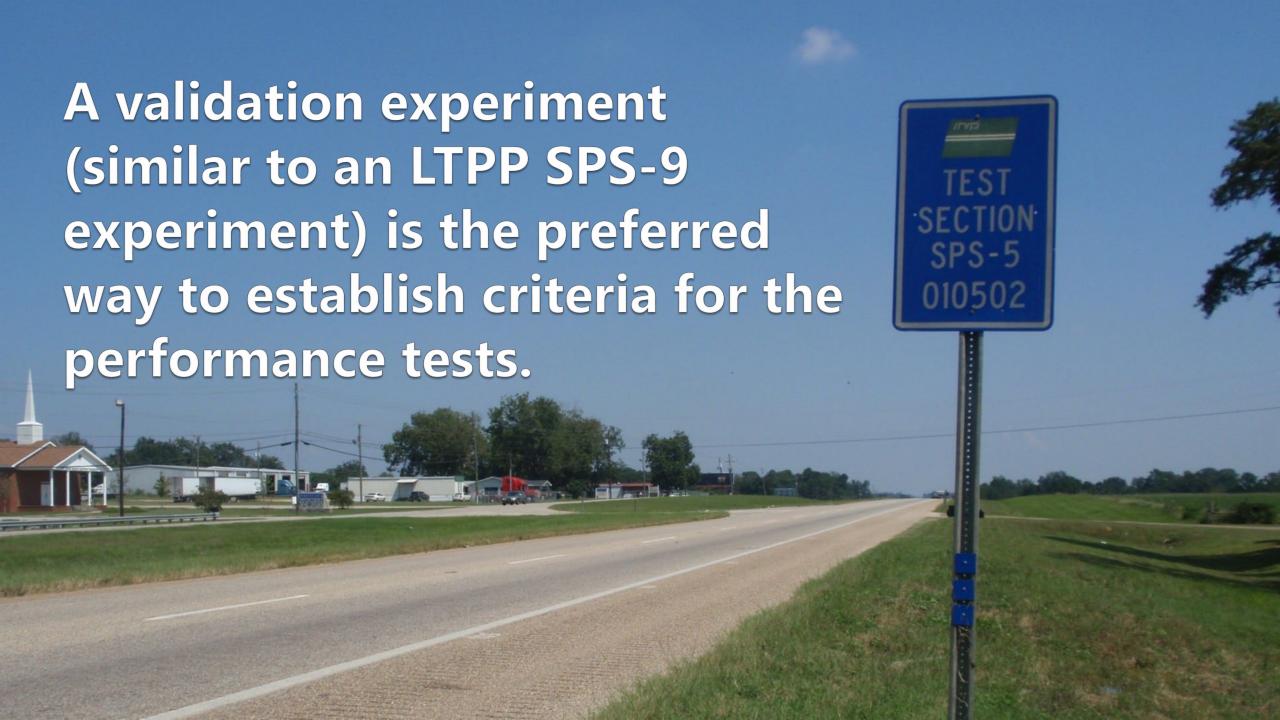




Chapter 3. Selecting the Performance Tests

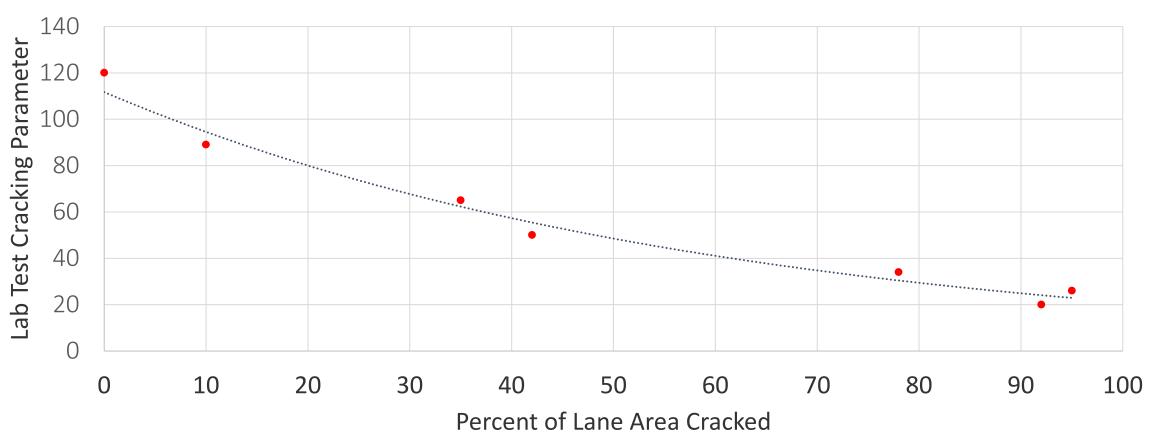
- 3.1 Identify Primary Modes & Causes of Distress
- 3.2 Identify / Assess Performance Tests Appropriateness
- 3.3 Validate the Performance Tests





BMD Relationship Confirmation









Chapter 4. Performance Testing Equipment: Acquiring, Managing Resources, Training & Evaluation

- 4.1 Acquiring Equipment
- 4.2 Managing Resources
- 4.3 Conducting Initial Training
- 4.4 Refining Procedures
- 4.5 Conducting Interlaboratory Studies





Chapter 5. Establishing Baseline Data

- 5.1 Reviewing Existing Lab Results & Pavement Management System Data
- 5.2 Conducting Benchmarking Studies
- 5.3 Conducting Shadow Projects
- 5.4 Analyzing Production Data
- 5.5 Determining How to Adjust Mixtures Containing Local Materials



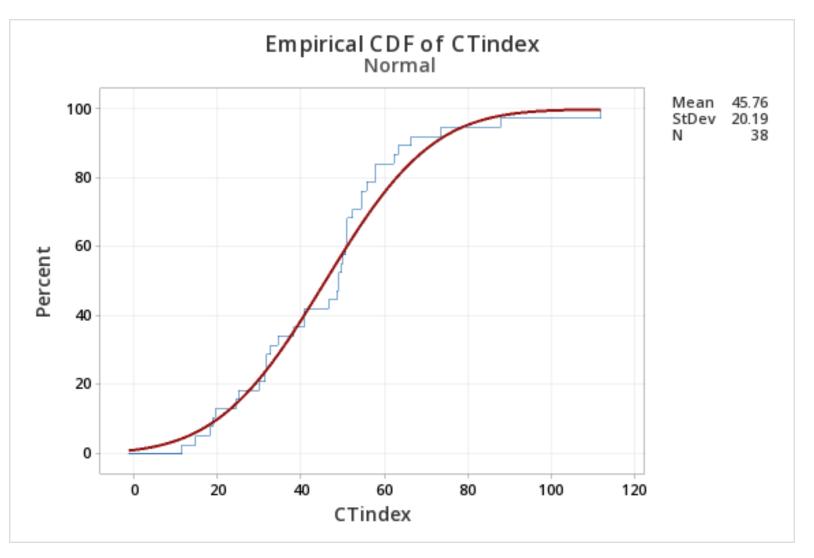
Benchmarking

- A database of test results of currently used mixtures
 - Lab produced mixtures → mix design criteria
 - Plant produced mixtures → acceptance criteria
- Analysis
 - Distribution of results for each mix classification
 - Impact of mix factors that impact BMD test results





Analysis of Benchmarking Data



- A Shadow Project is a project on which additional tests are conducted at a frequency similar to existing AQCs.
- The mixture is produced and accepted based in existing AQCs.
- The goals of Shadow Projects are to:
 - 1. Gather information on typical production variability
 - 2. Add to the benchmarking database
 - 3. Familiarize DOT and contractor personnel with the selected tests







Chapter 6. Specifications and Program Development

- 6.1 Sampling and Testing Plans
- 6.2 Developing Pilot Specs and Policies
- 6.3 Conducting Pilot Projects
- 6.4 Final Analysis and Spec Revisions



- Pilot Projects projects on which the mixture is produced and accepted based on new AQCs
- Projects are let as Pilot Projects so that contractors can account for uncertainty in their bids
- Goals of Pilot Projects
 - 1. Expand the number of stakeholders involved in BMD projects
 - 2. Evaluate the preliminary specification and QA program under actual project conditions





Chapter 7. Training, Qualifications and Accreditations

- 7.1 Developing &/or Updating Training and Certification Programs
- 7.2 Establishing or Updating Lab Accreditation Program Requirements
- 7.3 Establishing a Proficiency Sample Program



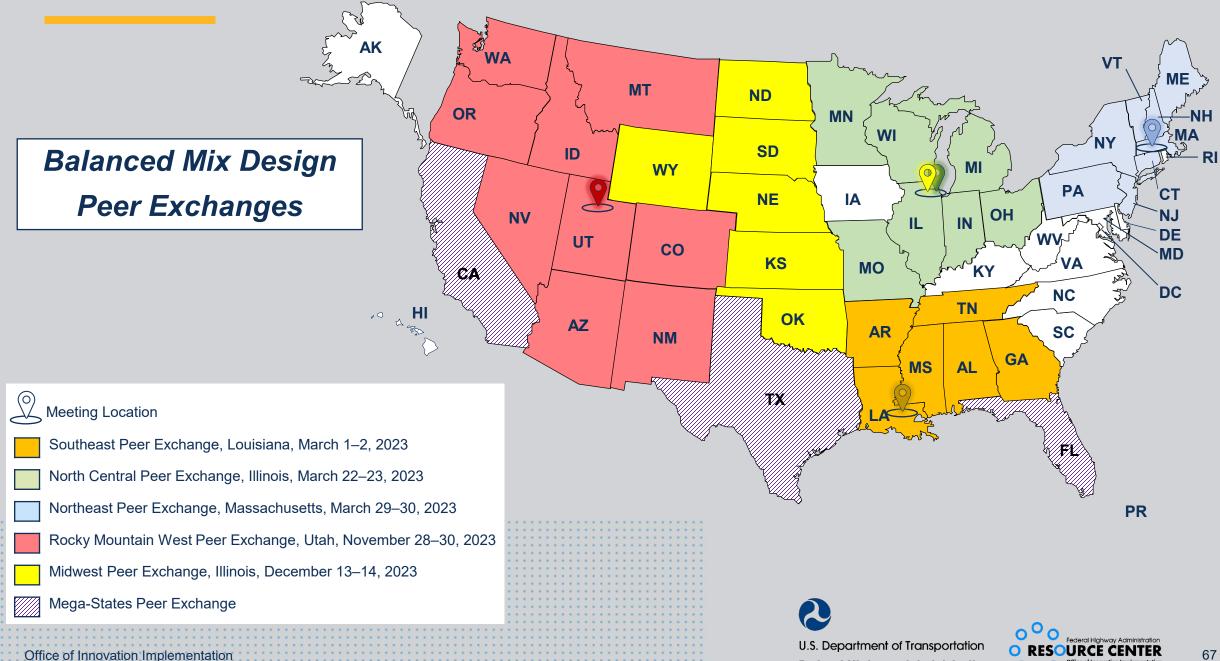


Chapter 8. Initial Implementation

- Lessons learned from Pilot Projects
- Make sure all stakeholders are informed
- Feedback loop to allow the program to continue to evolve.







Critical Challenges for BMD

Its more than just technical items!

Management **Challenges**



Technical Challenges









Management Challenges

- Change Management.
- Cost-Benefit Analysis
- Specifications & Risk Management.
- Resource Allocation.
- **Implementation** Planning.
- Stakeholders **Engagement**

- Integration with Existing Practices.
- Education, Training, & Skill Development.
- Information Sharing & Collaboration **Among Peers**

Technical Challenges

- BMD Tests Validation
- Testing Procedures & **Protocols**
- Variabilities
- Database Setup, Collection, Analysis, & Management.
- Pathway for Use in Field Quality Assurance (QA).
- Volumetrics Historical Usage





Be Mindful that...

- Not all states are experiencing every challenge listed.
- All raised challenges are listed, even if only mentioned by few states.

Two present statuses for the challenges:

- 1. The path forward has been identified and implemented.
- 2. Ongoing efforts are in progress to address and find solutions.

Be Mindful that...

Similar challenges are heard from contractors.

- Implementation requires resources.
- Resistance to change.
- BMD tests may not be able to fully replace current acceptance testing.
- Variability in BMD tests results.
- Etc.



Source: NAPA



Improving Imperfect Tests



- IDEAL-CT, for example
 - Quick and low cost, but...
 - Sensitive to preparation techniques
 - Increases variability of results
 - The effect of specimen air voids is counterintuitive
 - eliminates using cores for analysis
 - creates issues when in-place density target ≠ 93.0% of G_{mm}



Understanding differences between results of lab-prepared and plant-produced mixtures





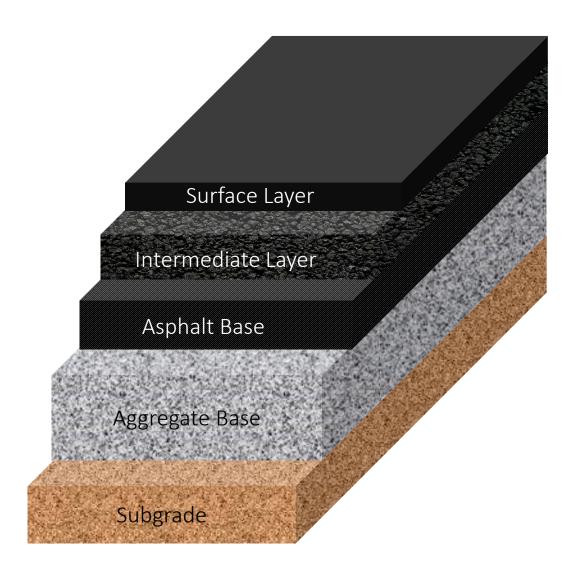
- What are the causes of differences between lab-produced and plantproduced mixtures?
 - Does short-term lab conditioning = plant mix produced at WMA temps., with & without silo storage + haul time?
 - What is the impact of mix reheating?

Asphalt Mixture Aging

- lab accelerated aging methods
 - simulation of how many years?
 - time, temp., press.
 - practicality for mix design and QA
 - potential for automation
- aging susceptible binders and additives
- aging resistant additives



BMD Criteria for Different Applications



- Criteria for different asphalt layers
- Criteria for different loading conditions
 - traffic categories
 - intersections
 - airports
 - parking lots

Using BMD Tests in Quality Assurance

Acceptance Quality Characteristics (AQCs) should be:





Connecting Mix Design & QA Properties to Pavement Design



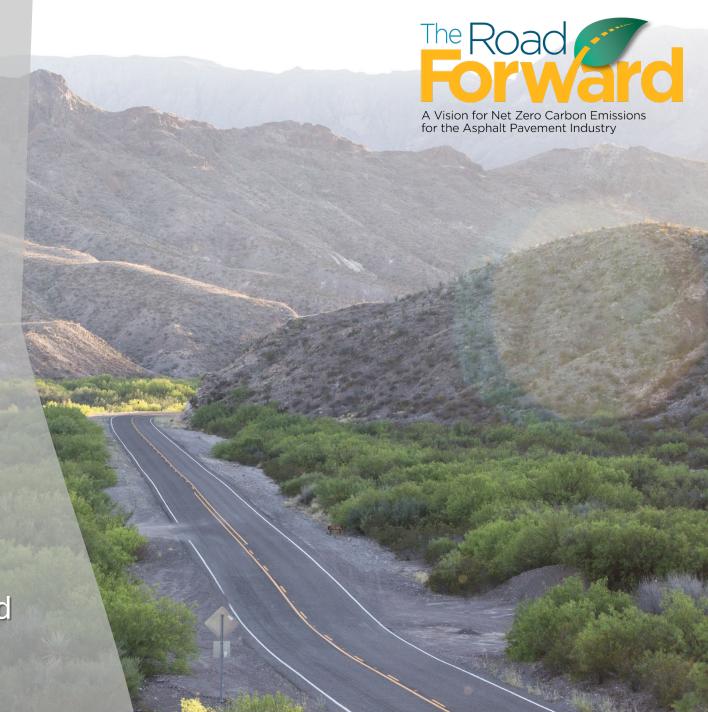




Can we connect BMD indices to engineering properties used for pavement design and analysis?

Strategies Toward Net-Zero

- Design and build longer life pavements
- Maximize the use of local materials
- Increase recycled materials contents
- Reduce mix temperatures
- Develop...
 - Alternative, bio-based binders
 - Aging-resistant additives
 - Carbon-negative additives
 - Low rolling resistant mixtures and pavements







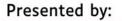


Distinguished Lecture Series

Arizona Pavements & Materials Conference

Asphalt Mix Design of the Future

- Future methods for evaluating innovative materials
- State-of-the-art balanced mix design (BMD) for optimizing asphalt mixtures
- Cost, sustainability, and performance goals of owner agencies
- Gaps in current BMD initiatives
- Implementation roadmap for industry and agencies
- Follow-up panel discussion on November 21 at Arizona Pavements & Materials Conference
- Visitor parking available at Fulton Center parking



Randy West, Ph.D., P.E.

Director and Research Professor National Center for Asphalt Technology Auburn University



September 17, 2024 | 9:00-11:00 AM MST

Devil's Oasis, 2nd Floor, Paul C. Helmick Center Building, Arizona State University. 660 S. College Ave. Commons, Tempe, AZ 85281





