



*The Future of Roadways:  
Green, Equitable, Intelligent & Integrated*

**6<sup>TH</sup> ANNUAL IRF GLOBAL R2T CONFERENCE**

# Optimization of high-RAP mixes using Balanced Mix Design and Accelerated Pavement Testing



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**FM Consultants**

**November 15, 2023**



**Center for Sustainable &  
Resilient Infrastructure**

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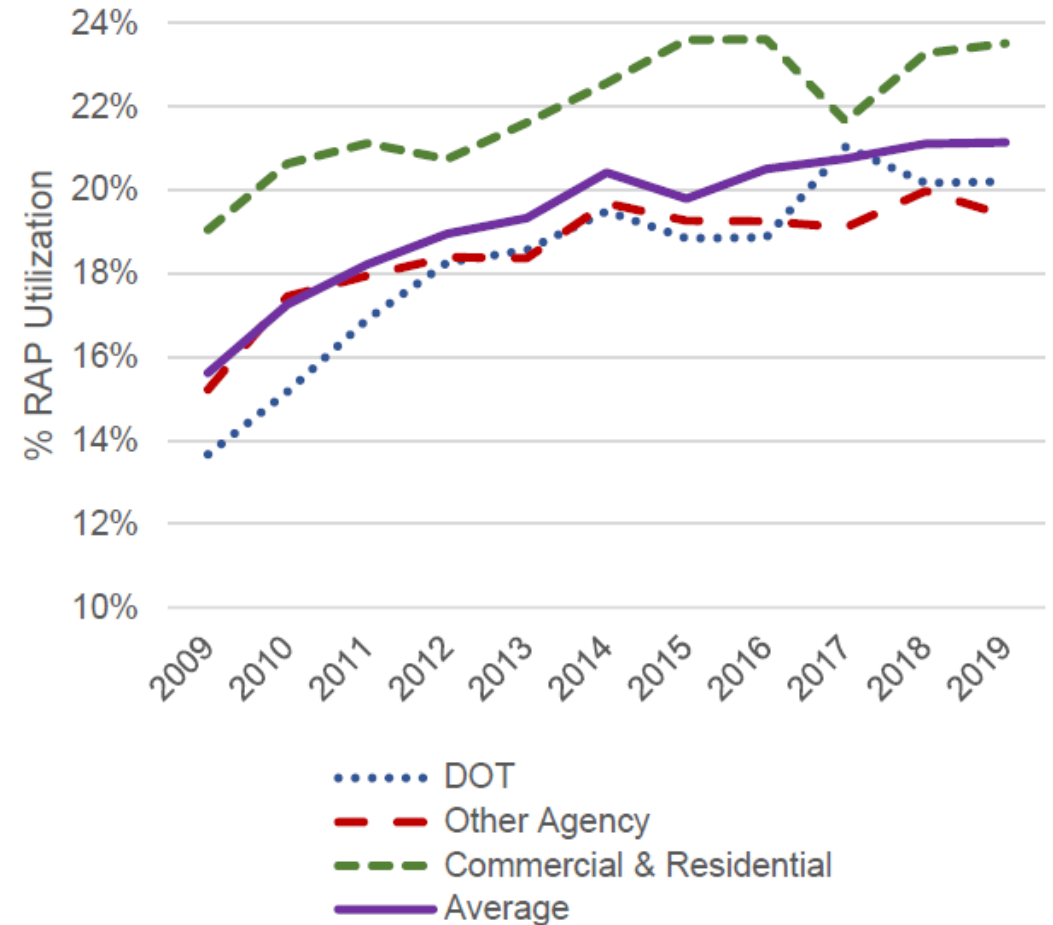
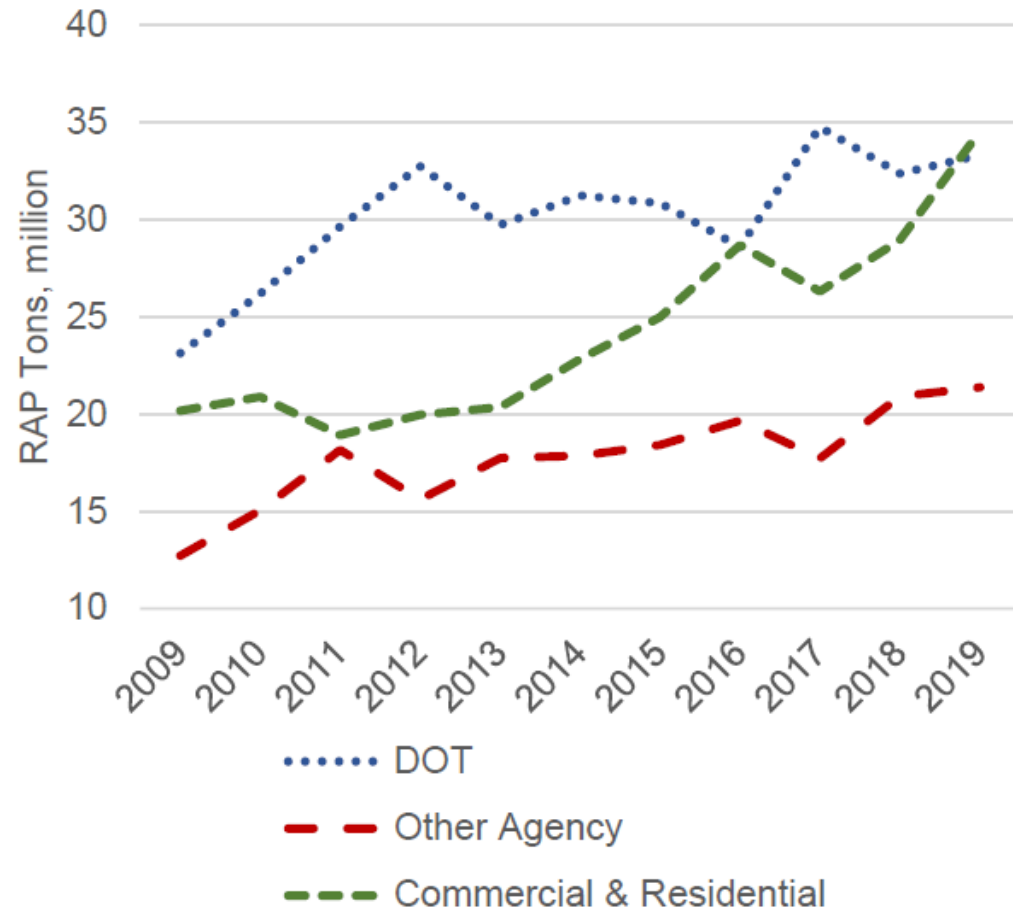
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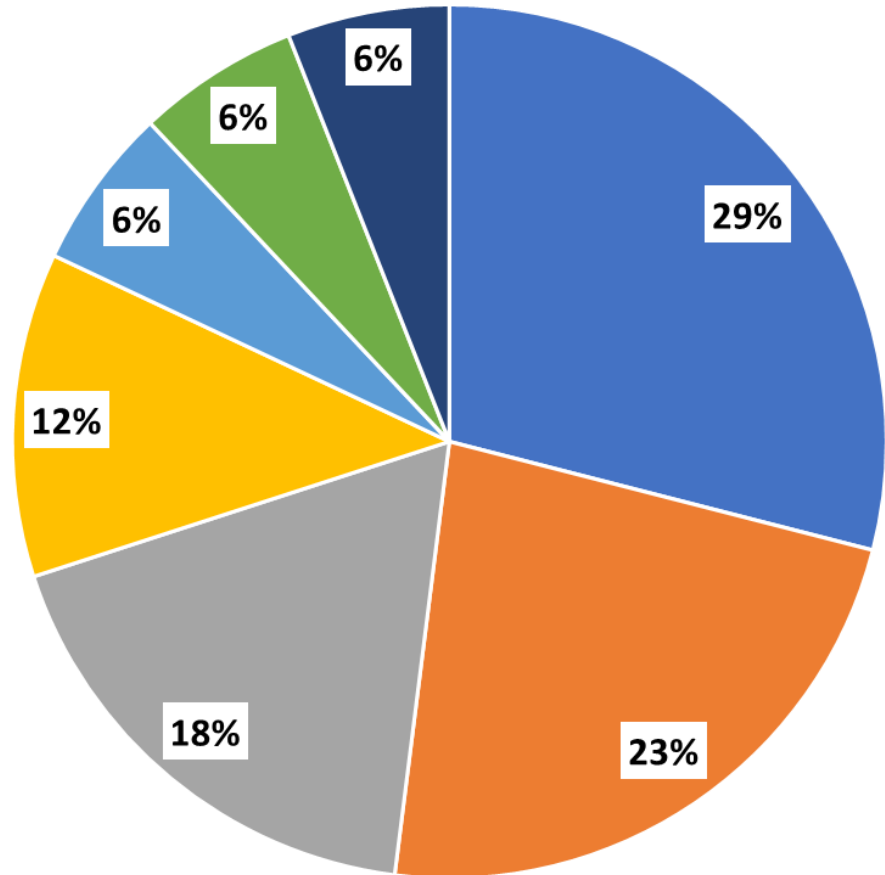
# Introduction

# Background - Pavement Recycling



Williams, B. A., Willis, J. R., & Shacat, J. (2020). *Asphalt Pavement Industry Survey on Recycled Materials and Warm-Mix Asphalt Usage: 2019*.

# How to increase RAP use?



Balanced Mix Design/Mixture Performance Testing

Increase Utilization in Lower Layers/Layered Design

Fractionating RAP

Work with DOT on Specification

Increased/Excellent QC of Recycled Materials

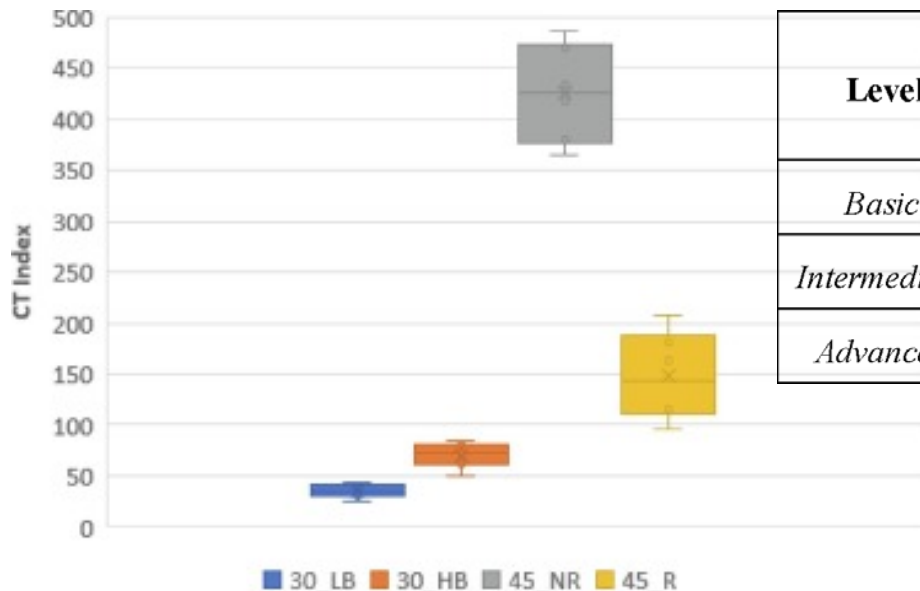
Binder Grade Bumping

High RAP Specification for Low Volume Roads

# Recent Dissertation Proposed a Three-Tier System

Level	Cracking	Rutting	
Basic	CT <sub>Index</sub>	HT-IDT	
Intermédiaire	I-FIT	APA	
Avanzad	S-VECD	CFN	SSR

✓ Good performing blends with 30 and 45% RAP.

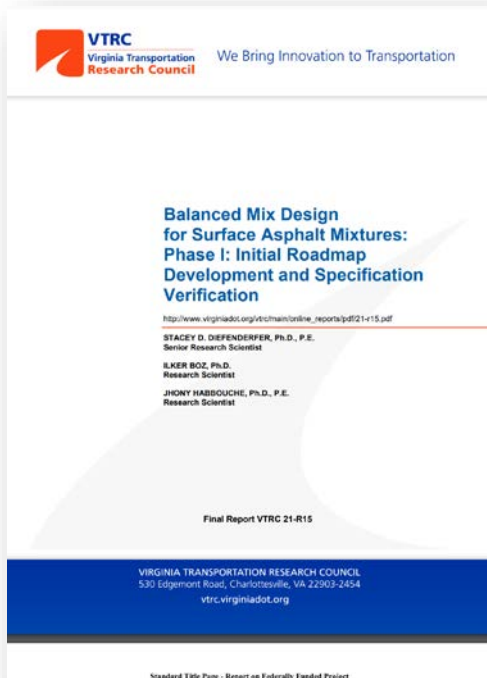


Level	Test	30_LB		30_HB		45_NR		45_R		Test Avg. COV
		Average	COV	Average	COV	Average	COV	Average	COV	
<i>Basic</i>	CT	35.52	17%	69.96	17%	425.39	11%	147.54	29%	19%
<i>Intermediate</i>	I-FIT	1.96	31%	6.85	17%	22.85	25%	7.27	25%	25%
<i>Advanced</i>	S <sub>app</sub>	17.45	N/A	15.77	N/A	21.92	N/A	17.03	N/A	N/A

Meroni, F., Flintsch, G.W., Habbouche, J., Diefenderfer, B.K., Giustozzi, F., "Three-level performance evaluation of high RAP asphalt surface mixes, *Construction and Building Materials*, vol. 309, 2021.

# Virginia BMD Journey

- ✓ VDOT is interested in ways to facilitate the increased durability of asphalt mixtures in an effort to make its roadway network more sustainable, longer lasting, and more economical
- ✓ Committed to the implementation of the BMD method in an effort to improve asphalt mixture performance
  - Laboratory experiment
  - APT experiment
  - Pilots with in-service monitoring
  - Full implementation



<https://vtrc.virginia.gov/media/vtrc/vtrc-pdf/vtrc-pdf/21-R15.pdf>



# Three-Tier BMD Implementation

## Step I

- Evaluate **typical everyday mixtures** using a suite of quick, fast, simple, but **empirical** tests
- Establish thresholds based on average, max or min  $\pm$  study

## Step II

- Evaluate **BMD Mixes** and Correlates the selected empirical tests to fundamental tests and associated mechanistic-based performance analyses

## Step III

- Uses the **in-service performance of BMD pavement sections**.
- Considers in-service distress data, testing of cores, and in-situ testing.

# Current VDOT BMD Special Provision

- ✓ AASHTO TP 108: Standard Method of Test for Determining the Abrasion Loss of Asphalt Mixture Specimens (Cantabro)
  - Mass loss  $\leq 7.5\%$
- ✓ AASHTO T 340: Method of Test for Determining Rutting Susceptibility of HMA Using the Asphalt Pavement Analyzer (APA)
  - Rutting  $\leq 8.0$  mm
- ✓ ASTM D 8225: Determination of Cracking Tolerance Index of Asphalt Mixture Using the Indirect Tensile Cracking Test at Intermediate Temperature (CTindex)
  - CTindex  $\geq 70$

# Accelerated Pavement Testing Experiment



# VDOT Accelerated Pavement Testing

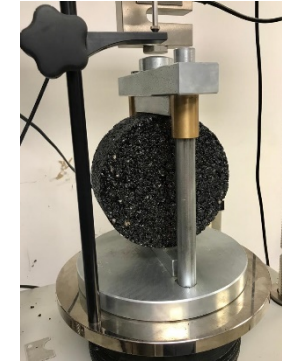
- ✓ Purpose of the APT program
  - Support VDOT pavement research to better understand response to traffic loading in a manner that is more rapid, better controlled, and less risky to the public



# APT BMD Experiment Objective

## Primary:

- ✓ Can we design mixes with high RAP contents using Balanced Mix Design (BMD)?



## Secondary:

- ✓ Verify the validity of the simple tests and limits set for the pilot projects
- ✓ Do we need to have the three tiers?



# Asphalt Surface Mixtures Evaluated

- ✓ 6 SM-9.5A Mixes (1 Control and 5 BMD)
  - **Mix I:** 30% RAP + PG64S-22 (*typical production*)
  - **Mix II:** 30% RAP + PG64S-22 (*BMD*)
  - **Mix III:** 45% RAP + PG64S-22 (*BMD*)
  - **Mix IV:** 45% RAP + PG64S-22 + RA (*BMD*)
  - **Mix V:** 45% RAP + PG58-28 (*BMD*)
  - **Mix VI:** 60% RAP + PG58-28 + RA (*BMD*)

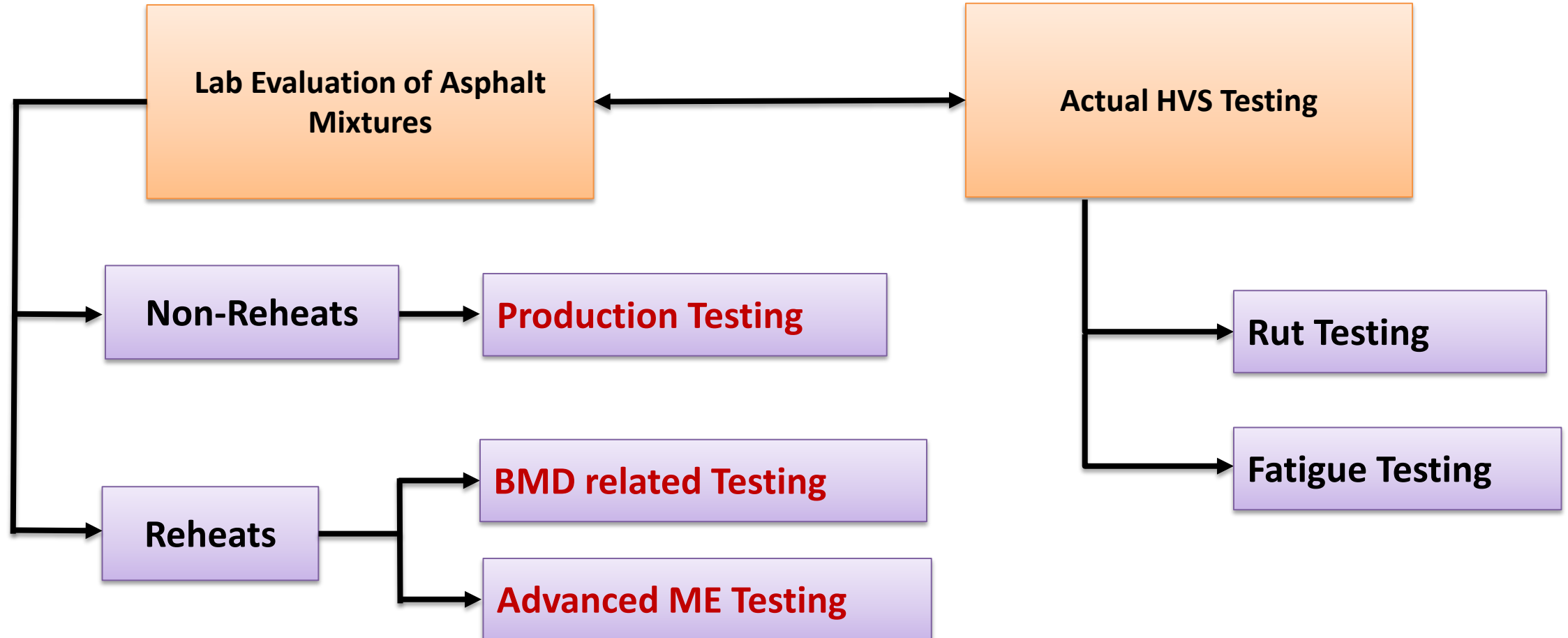
# Production (VDOT)

## Volumetric Properties

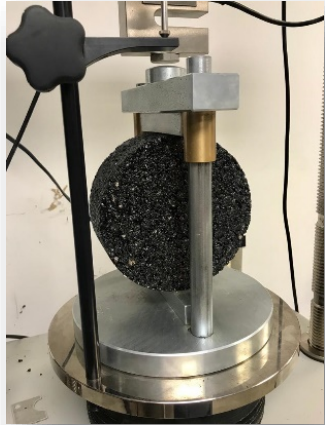
Mix ID	Mix I	Mix II	Mix III	Mix IV	Mix V	Mix VI
Composition	30% RAP + PG64-22	30% RAP + PG64-22	45% RAP + PG64-22	45% RAP + PG64-22 + RA	45% RAP + PG58-28	60% RAP + PG58-28 + RA
AC Content, %	5.6	6.1	6.8	6.2	6.1	5.9
VTM, %	4.1	6.2	0.6	2.3	2.7	1.4
VMA, %	16.9	19.8	16.4	16.7	16.9	14.9
VFA, %	75.8	69.0	96.5	86.3	84.3	91.0
FA Ratio, %	1.1	1.1	1.2	1.3	1.3	1.5
Pbe	5.4	5.9	6.5	6.0	5.9	5.6
Gmm, Rice	2.542	2.522	2.508	2.539	2.535	2.539

- Volumetric Properties on Production: *by VTRC*

# Experimental Program







# Supporting Laboratory Testing

# “Basic” BMD Testing Program

Daily Production	Producer-made pills (no reheating)		Loose mix sampling
	Producer testing	VTRC testing	VTRC reheat testing
<b>Sublot 1 (T1)</b> (lift 1, sample 1)	3 Cantabro 5 Ideal-CT	4 APA	3 Cantabro 5 Ideal-CT 4 APA
<b>Sublot 2 (T2)</b> (lift 1, sample 2)	3 Cantabro 5 Ideal-CT	3 Cantabro 5 Ideal-CT 4 APA	3 Cantabro 5 Ideal-CT 4 APA
<b>Sublot 3 (T3)</b> (lift 2, sample 1)	3 Cantabro 5 Ideal-CT	4 APA	3 Cantabro 5 Ideal-CT 4 APA
<b>Sublot 4 (T4)</b> (lift 2, sample 2)	3 Cantabro 5 Ideal-CT	3 Cantabro 5 Ideal-CT 4 APA	3 Cantabro 5 Ideal-CT 4 APA

# Advanced ME based Testing on Reheated Material

Asphalt Mixture Performance Tester



Dynamic Modulus  
 $|E^*|$

Cyclic Fatigue test using  
S-VECD Model

Stress Sweep  
Rutting (SSR)

Confined Flow  
Number

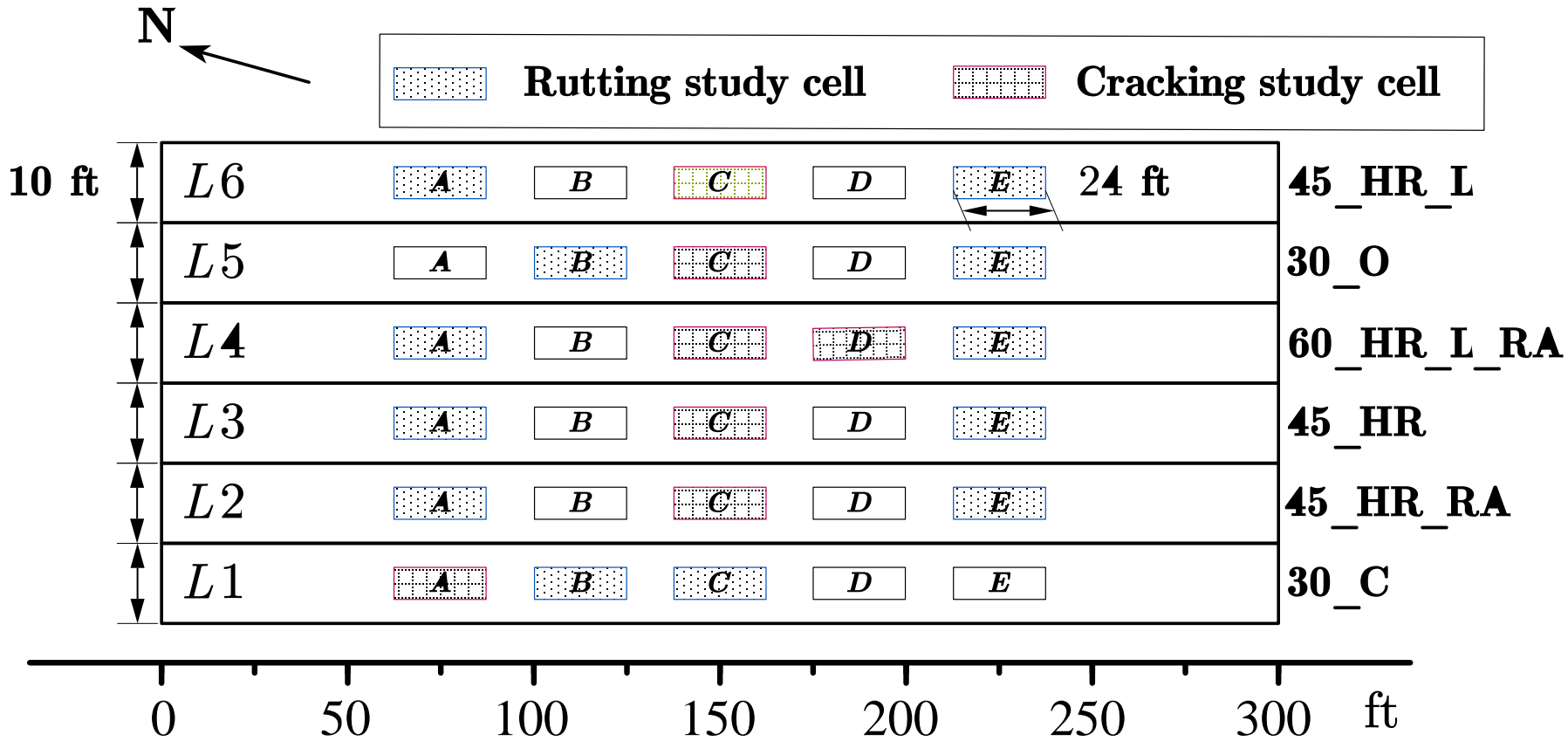
Texas Overlay



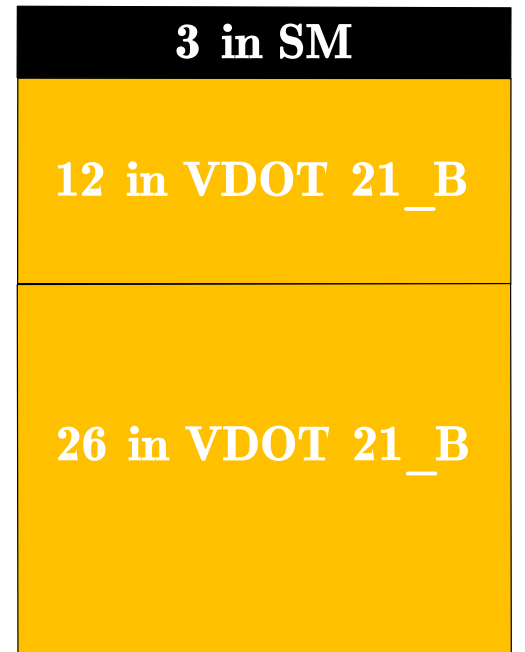


# Accelerated Pavement Testing Results

# APT Cycle 2 Experiment Layout



(a)



(b)

# Testing Conditions

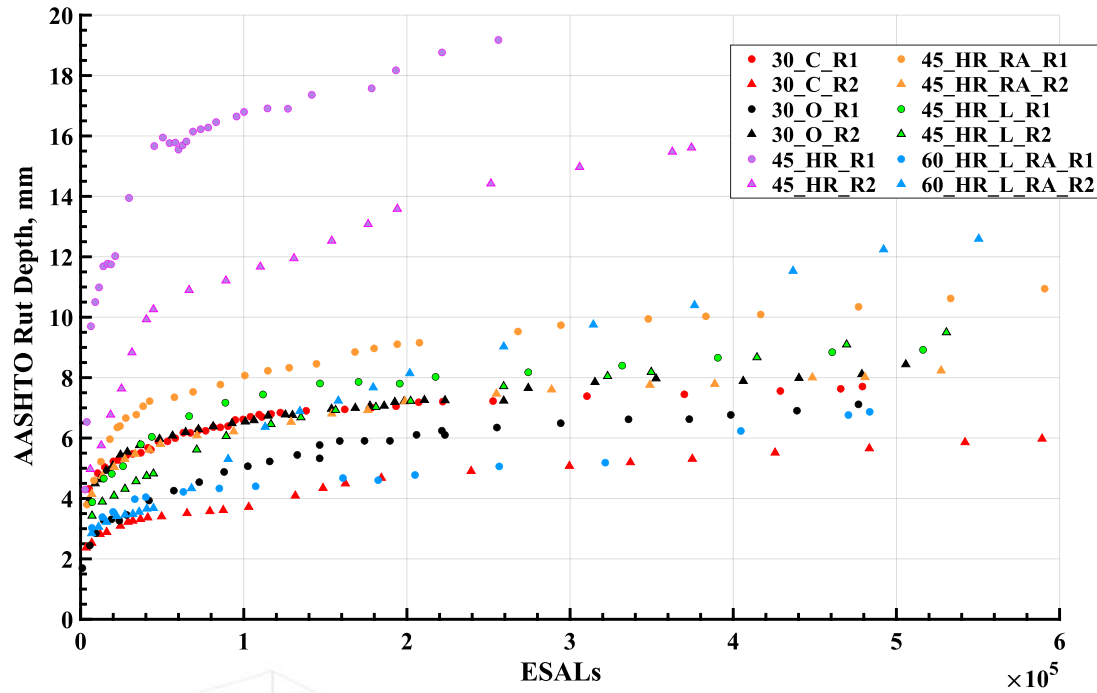
## Rutting

- ✓ Same as in previous experiments
- ✓ Unidirectional
- ✓ 9,000 lb → 12,000 lb → 15,000 lb
- ✓ 40° C
- ✓ Narrow wander (uniform)
- ✓ 4 mph (2020)
- ✓ 6 mph (2021)

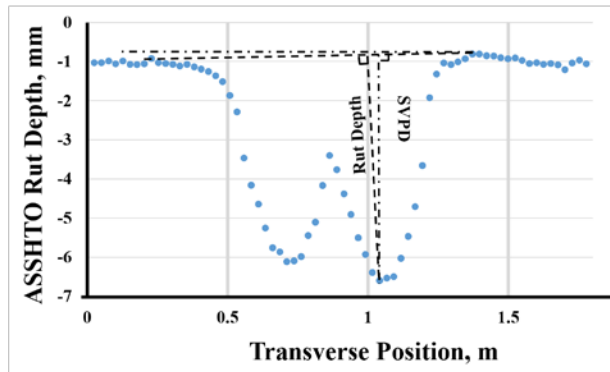
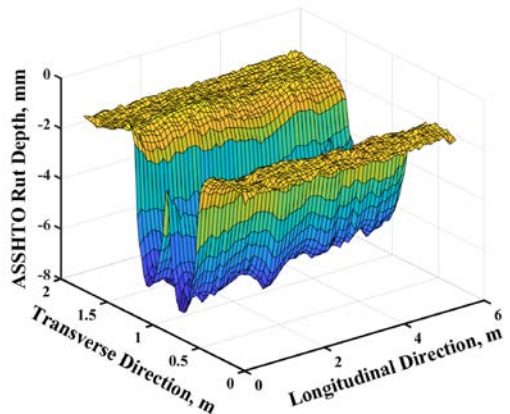
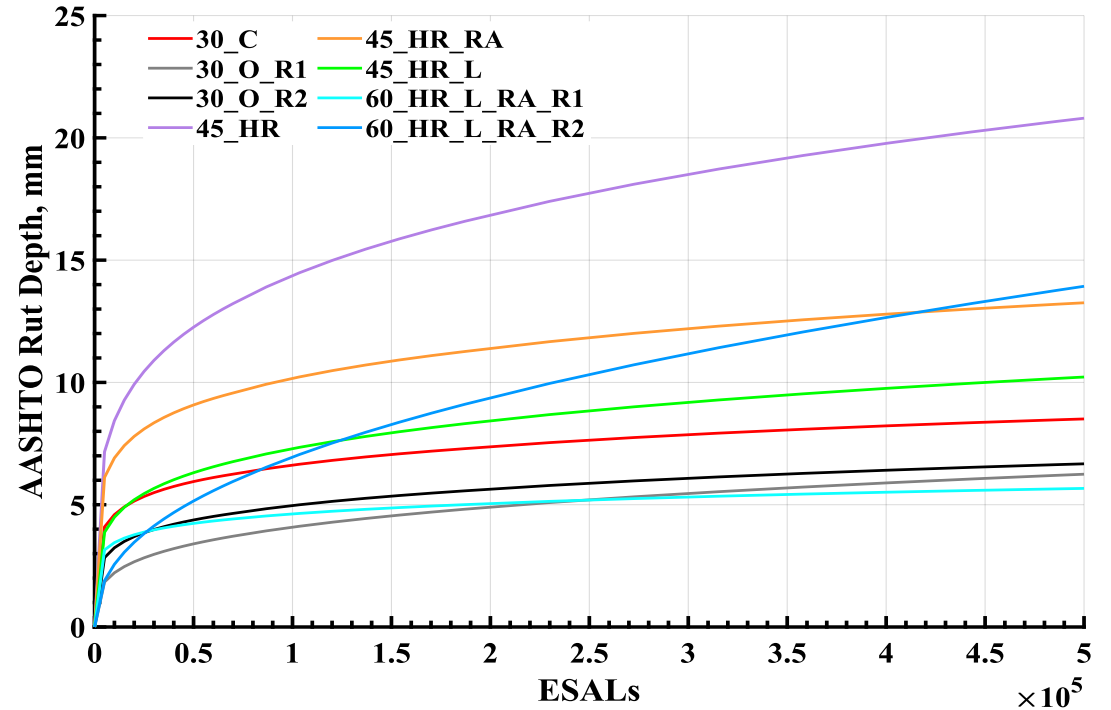
## Cracking

- ✓ Used similar experimental conditions to FHWA ALF
- ✓ Bidirectional
- ✓ 15,000 lb
- ✓ 20° C
- ✓ Wider wander (~Normal, s = 5-10in)
- ✓ 4 mph → 6 mph

# Rutting Results



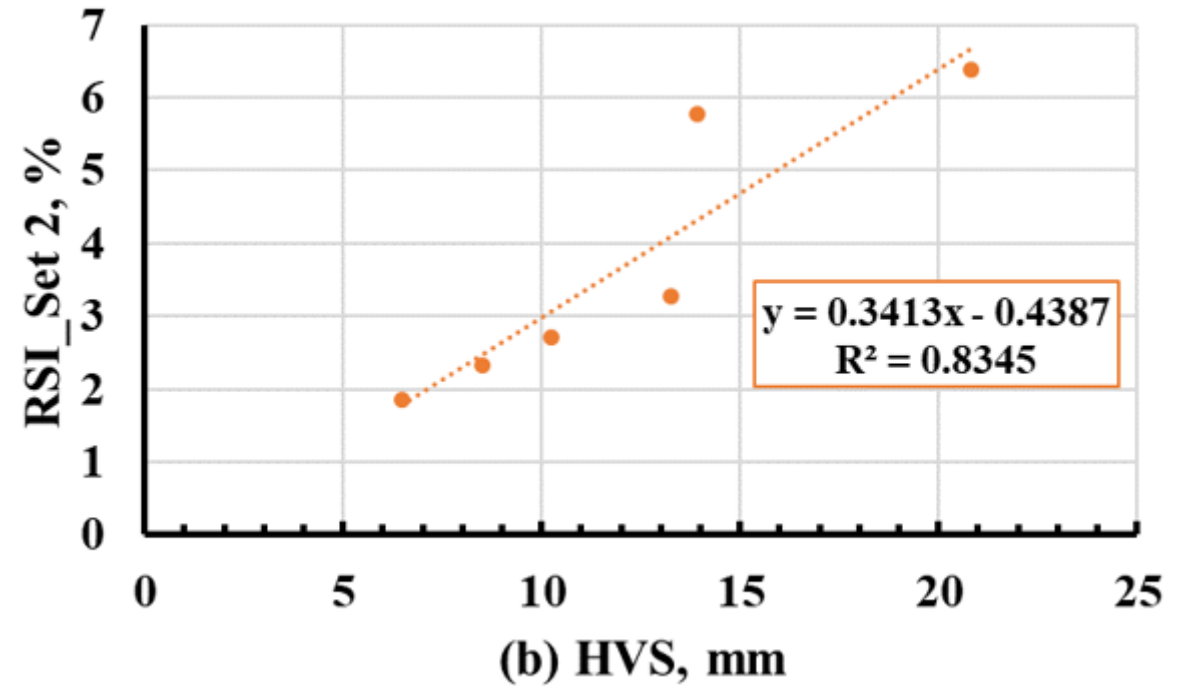
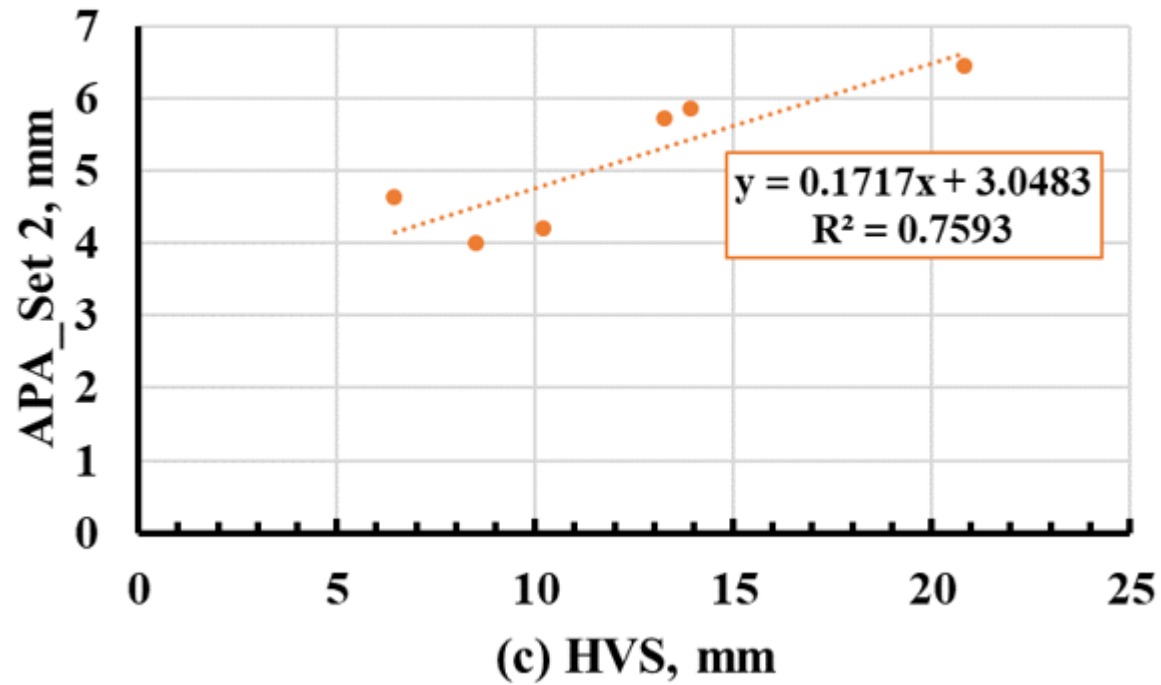
$$RD = \alpha \cdot ESAL^{\beta_1} \cdot Age^{\beta_2}$$



(a) 23

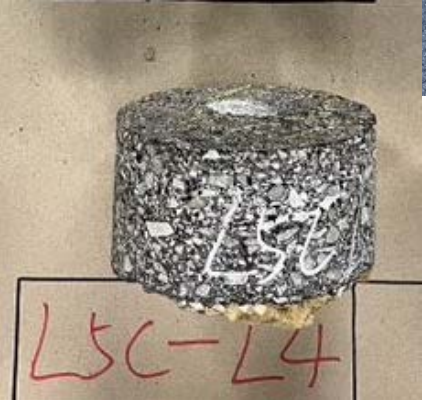
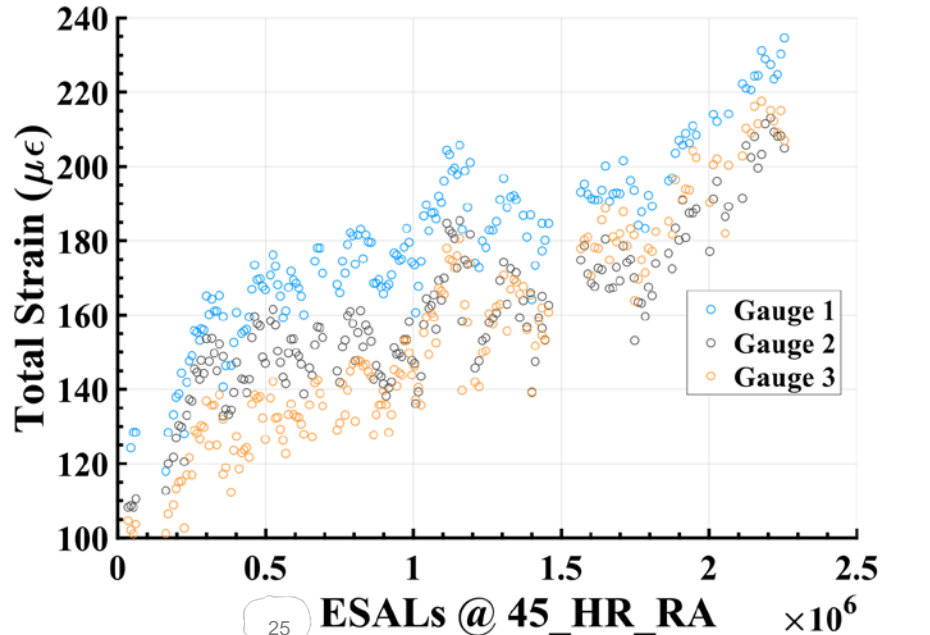
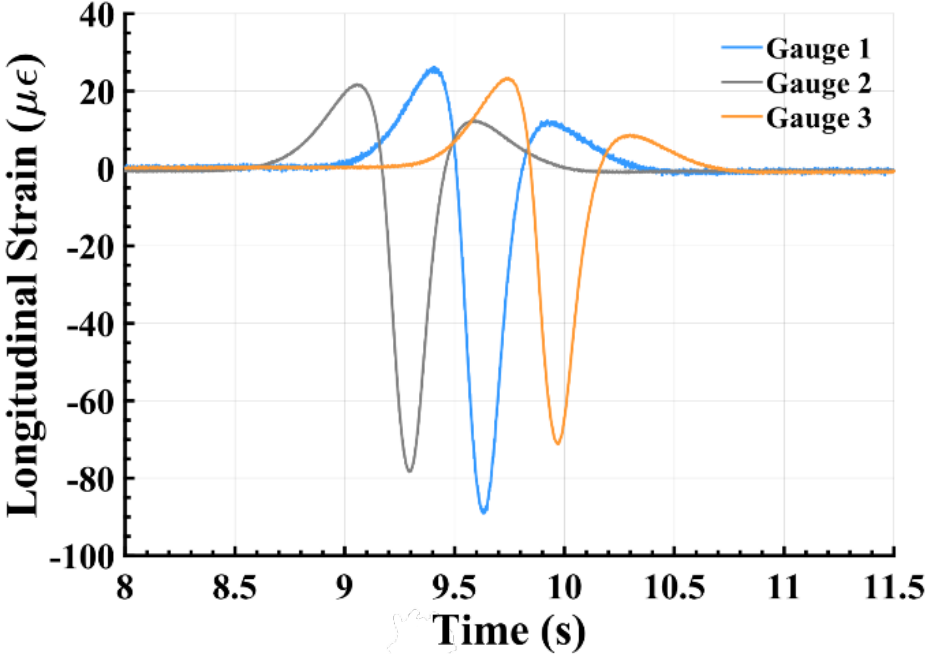
(b)

# Preliminary Rutting Comparisons

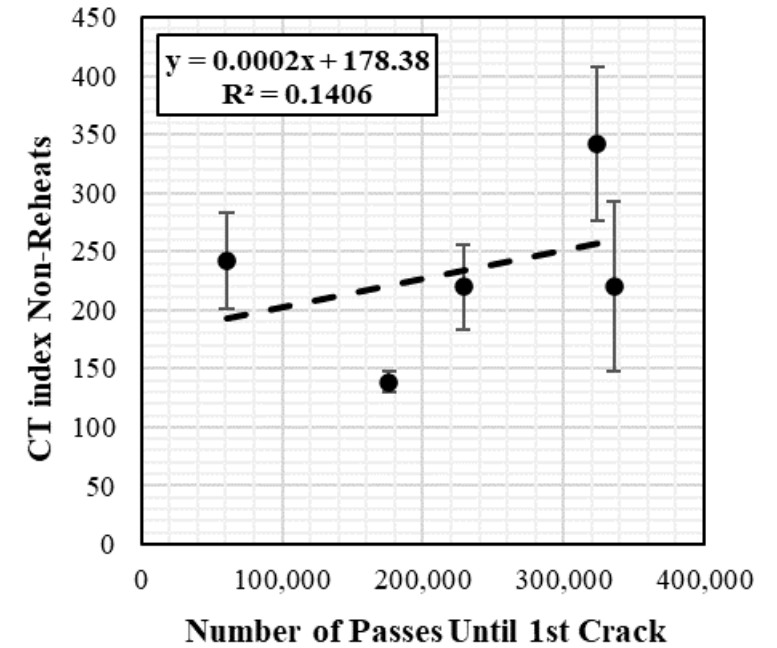
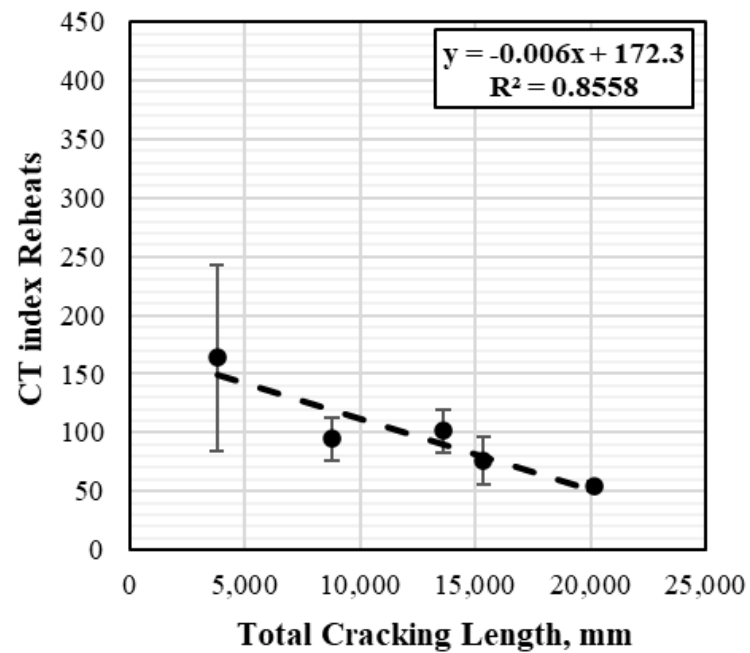
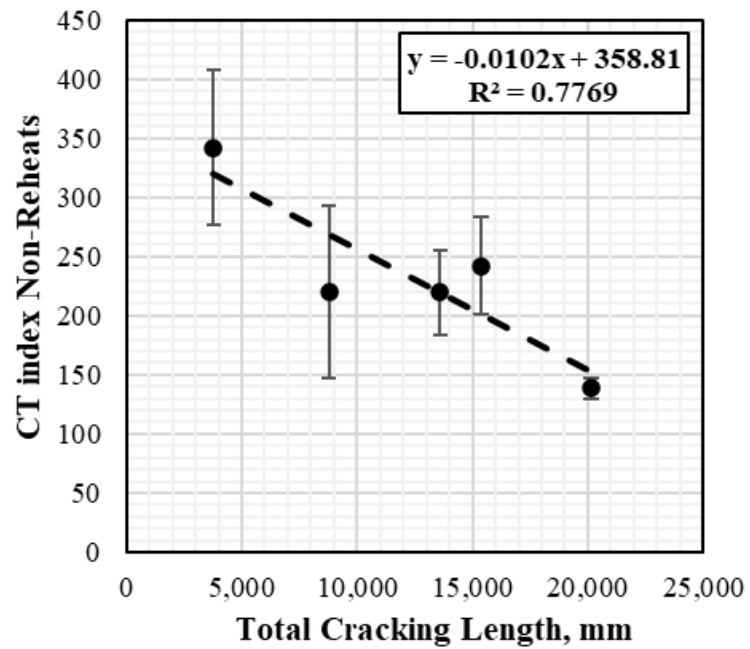




# Cracking



# Preliminary Cracking Comparisons



FINAL REPORT  
EVALUATION OF BMD SURFACE MIXTURES WITH CONVENTIONAL AND HIGH  
RAP CONTENTS UNDER LABORATORY SCALE AND FULL SCALE  
ACCELERATED TESTING

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Virginia Transportation Research Council  
(A partnership of the Virginia Department of Transportation  
and the University of Virginia since 1948)

Charlottesville, Virginia

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VTRC 24-RXX



# Preliminary Conclusions

# Preliminary Conclusions (i)

- ✓ Surface Mixes with high RAP contents (45% or 60% by total weight of mixture), exceeding the conventional upper limit 30% set by the current specifications, can be designed using the current VDOT BMD special provision and can be successfully produced in the field.
- ✓ Recycling agents and/or a softer binder seem to be needed to be used when designing HRAP surface mixtures in Virginia.
- ✓ HRAP mixtures can be produced in the field with no significant alterations in aggregate gradations and asphalt binder content when compared to the gradations and binder content specified in the design.

# Preliminary Conclusions (ii)

## ✓ Rutting

- Strong agreement was observed between the APT rut depth measurements and the APA test results collected in the laboratory. APA rut test is expected to reflect the true rutting performance.
- The current BMD APA rut depth threshold of 8 mm appears to be high and may need revision. Waiting for HARP real-world field performance data of pilots.

## ✓ Cracking

- Strong linear relationships between cracking and CT index were observed. Additional data from other field trials needed to reach final conclusions.
- The CT index threshold of 70 and the ML threshold of 7.5% appears to be an acceptable starting point to design mixtures that perform similarly or even better than the conventional ones in Virginia.

# Preliminary Conclusions (ii)

- ✓ APT can serve as a valuable bridge between laboratory testing and long-term pavement performance monitoring, offering accelerated insights through deliberate, intensified loading conditions and varied environmental factors.



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